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## Review

# Cellular and molecular insights into neuropathy-induced pain hypersensitivity for mechanism-based treatment approaches

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### ABSTRACT

Neuropathic pain is currently being treated by a range of therapeutic interventions that above all act to lower neuronal activity in the somatosensory system (e.g. using local anesthetics, calcium channel blockers, and opioids). The present review highlights novel and often still largely experimental treatment approaches based on insights into pathological mechanisms, which impact on the spinal nociceptive network, thereby opening the ‘gate’ to higher brain centers involved in the perception of pain. Cellular and molecular mechanisms such as ectopia, sensitization of nociceptors, phenotypic switching, structural plasticity, disinhibition, and neuroinflammation are discussed in relation to their involvement in pain hypersensitivity following either peripheral neuropathies or spinal cord injury. A mechanism-based treatment approach may prove to be successful in effective treatment of neuropathic pain, but requires more detailed insights into the persistence of cellular and molecular pain mechanisms which renders neuropathic pain unremitting. Subsequently, identification of the therapeutic window-of-opportunities for each specific intervention in the particular peripheral and/or central neuropathy is essential for successful clinical trials. Most of the cellular and molecular pain mechanisms described in the present review suggest pharmacological interference for neuropathic pain management. However, also more invasive treatment approaches belong to current and/or future options such as neuromodulatory interventions (including spinal cord stimulation) and cell or gene therapies, respectively.

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## 1. Introduction

Neuropathic pain following injury and/or dysfunction of the somatosensory system, either peripherally or centrally represents one of the most debilitating disorders of mankind (Treede et al., 2008). The prevalence of neuropathic pain depends on the type of related trauma/dysfunction. The majority of patients with peripheral neuropathies such as radiculopathies and postherpetic neuralgia (but not diabetic polyneuropathy) suffer from neuropathic pain, while spinal cord injury results in neuropathic pain in about 30–50% of cases (Baron et al., 2009; Radhakrishnan et al., 1994; Siddall et al., 2003; Tarulli and Raynor, 2007; Veves et al., 2008). Neuropathic pain can manifest itself as spontaneous and/or evoked pain. Although neuropathic pain is a common cause of chronic pain, treatment effects are still unsatisfactory. There are many pharmacological treatments for neuropathic pain, most of which predominantly act on neuronal signal transduction and include ion channel blockers, antidepressants, anticonvulsants, and opioids. These drugs give limited, if any, therapeutic benefit and patients may show tolerance and/or unwanted side effects (see Attal et al., 2009; Baron et al., 2010; Dworkin et al., 2007; Finnerup et al., 2010; Teasell et al., 2010), which depending on the drug can include nausea, sedation, constipation, tolerance, and dependence to name but a few. Therefore, neuropathic pain is still regarded as a chronic and intractable condition, which requires better management. Improved pain management

relies on an interdisciplinary approach to understand better what is going on at a cellular and molecular basis following neuropathies. As such, mechanism-based treatment approaches are thought to result in more effective treatment of neuropathic pain (Baron et al., 2010). A surge of investigations using animal models of peripheral and central neuropathic pain has unveiled neuronal and non-neuronal mechanisms which act, most likely in synergy, to trigger and/or maintain neuropathic pain states. A crucial question to be answered relates to the persistence of such mechanisms, thus, rendering neuropathic pain unremitting. This review highlights mechanistic pathways which trigger and/or maintain pain hypersensitivity and sheds light on novel treatment approaches for more effective management of neuropathic pain.

## 2. Modeling neuropathic pain in rodents

A variety of rodent models exists for investigations of neuropathic pain. In most of these models trauma is induced to either the peripheral nervous system (PNS) or central nervous system (CNS). Injury to the PNS mostly involves mononeuropathies by ligation and/or transection of (branches of) peripheral nerves, spinal nerves, spinal roots or dorsal root ganglia (DRG). The most frequently used models include ligation/transection of the L5 and/or L6 spinal nerve (Chung model) (Chung et al., 2004; Kim and Chung, 1992), spared nerve injury

(ligation/transection of the tibial and common-peroneal nerve branches of the sciatic nerve, leaving the sural nerve branch intact) (Decosterd and Woolf, 2000), partial sciatic nerve ligation (Seltzer model) (Seltzer et al., 1990), and chronic constriction injury (CCI/Bennett model) (Bennett et al., 2000; Bennett and Xie, 1988). The common factor of these models is that only part of the sciatic nerve is injured. In addition, models of complete sciatic nerve injury (transection) are used to study neuropathic pain (Dowdall et al., 2005; Wall et al., 1979). Furthermore, injury to spinal roots has been described as well as injury to DRG for modeling radicular pain conditions (Hu and Xing, 1998; Li et al., 2002). Non-traumatic models of peripheral polyneuropathies include drug-induced toxic neuropathy (Peltier and Russell, 2002; Russell et al., 2001; Wallace et al., 2007) and metabolic neuropathy (Ahlgren and Levine, 1993; Calcutt et al., 1996). For the investigation of neuropathic pain after injury to the CNS, a range of animal models is available (also see Hulsebosch, 2005). Among these experimental models are so-called 'open injuries' (the spinal cord is penetrated resulting in partial or complete laceration/transection) and 'closed injuries' (the spinal cord is not penetrated, but rather compressed or contused). For the study of neuropathic pain after experimental spinal cord injury, merely incomplete spinal cord injuries are chosen. Spinal cord hemi-laceration/transection (Christensen et al., 1996) is the most frequently used 'open injury' model. For 'closed injuries' a wide range of models are used including spinal cord contusion (Gruner, 1992; Hulsebosch et al., 2000), spinal cord ischemia (Hao et al., 1991; Xu et al., 1992), excitotoxic spinal cord injury (Yeziarski et al., 1998), and spinal cord compression (Bruce et al., 2002).

Pain hypersensitivity to mechanical and/or thermal stimuli is observed in most of the abovementioned animal models and used as signs and symptoms to study neuropathic pain. While this hypersensitivity is typically detected in the dermatomes which are/were innervated by the affected nerve(s) in peripheral neuropathies, its presence in spinal cord injury is rather different. In spinal cord injury, three subdivisions can be made, which are based on the location of the pain in relation to the level of the spinal injury: above-level, at-level, and below-level pain (Hulsebosch, 2005; Siddall et al., 2003). Pain hypersensitivity following peripheral or central neuropathies can be characterized by a decrease in the threshold required to elicit withdrawal responses to potentially harmful or noxious stimuli (i.e. hyperalgesia) and by withdrawal responses to innocuous stimuli, which do not normally elicit a withdrawal response (i.e. allodynia). In animal studies it is very difficult to discriminate between these two hypersensitivity symptoms. Interestingly, it has been claimed that the term 'mechanical allodynia' should only be used when it is known that the stimulus does not elicit nociceptor activity, and hence is mediated via low-threshold afferent fibers (Sandkuhler, 2009). For abovementioned reasons, we select the term 'hypersensitivity' for this review in the context of enhanced (withdrawal) responses evoked by peripheral tissue stimulation.

### 3. The spinal gate for pain signals to the brain

Investigations of the spinal cord are of particular relevance to studies on neuropathic pain because the spinal cord is

regarded as the 'gateway' for the relay of nociceptive signals to higher brain centers where information about location, affective and motivational aspects of these signals is integrated and related to the stimulus. Noxious and innocuous stimuli are transmitted to the spinal cord via high-threshold fibers (non-myelinated C-fibers and thinly-myelinated A $\delta$ -fibers from small-sized and medium-sized DRG neurons or also called 'nociceptors') and low-threshold fibers (highly-myelinated A $\beta$ -fibers from large-sized DRG neurons), respectively. The termination patterns of these fibers in the spinal dorsal horn are highly organized as reviewed elsewhere (Wu et al., 2010). Nociceptors (peptidergic and non-peptidergic fibers) specifically innervate the superficial laminae (lamina I and the inner and outer lamina II) and deeper laminae (lamina V and VI), while A $\beta$ -fibers selectively innervate deeper dorsal horn laminae (innermost lamina II and lower) or ascend to dorsal column nuclei in the brainstem immediately upon entering the spinal cord (Fig. 1). The superficial dorsal horn contains many nociception-specific (NS) neurons projecting to supraspinal areas involved in processing of spatial and emotional/affective aspects of nociception. In addition, inhibitory and excitatory interneurons, which are thought to modulate nociceptive signaling, reside in the superficial dorsal horn, particularly in lamina II: the substantia gelatinosa (Fig. 1). The deeper dorsal horn (lamina V) contains wide-dynamic-range (WDR) projection neurons which respond to both noxious and innocuous peripheral stimuli. At present we are beginning to understand characteristics of the various dorsal horn neurons, functional connections and nociceptive circuits within the dorsal horn. This information will be vital for our understanding of nociception, and may shed more light on the processes underlying neuropathic pain symptoms such as pain hypersensitivity.

The spinal dorsal horn contains a 'silent' circuit between low-threshold afferent fibers and NS projection neurons, which when activated, is suggested to 'turn touch into pain'. Up to now, the composition of this circuit has been only partly described. Of vital importance to the functioning of this circuit are putatively excitatory interneurons in the innermost part of lamina II, which express the  $\gamma$ -isoform of protein kinase C (PKC- $\gamma$ ) (Fig. 1). These interneurons receive innervations of low-threshold primary afferents such as A $\beta$  fiber and C mechanoreceptors (Neumann et al., 2008; Seal et al., 2009), and innocuous stimuli are thus able to activate PKC- $\gamma$  interneurons via these fibers (Neumann et al., 2008). This information is not gated to NS projection neurons in the more superficial dorsal horn because PKC- $\gamma$  interneurons are under inhibition of glycinergic and gamma-amino-butyric acid (GABA)ergic interneurons (Miraucourt et al., 2009). When glycine receptors were blocked under experimental conditions in naïve animals (using intrathecal strychnine), innocuous stimuli were found to induce early activation (cFos expression) in NS projection neurons, and more importantly, mechanical hypersensitivity was observed (Miraucourt et al., 2007). Notably, inhibition of PKC- $\gamma$  as well as blockade of glutamate receptors of the N-methyl-D-aspartate (NMDA)-type prevented the activation of NS neurons following innocuous stimulation, showing the vital role of PKC- $\gamma$  and NMDA receptors in the gating of A $\beta$  fiber input to NS projection neurons (Miraucourt et al., 2007). Hence, 'touch can be turned

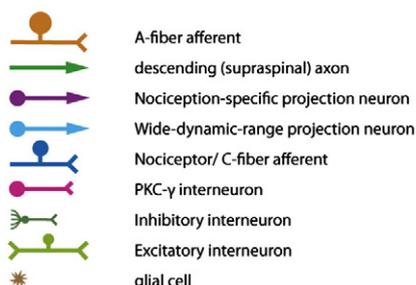
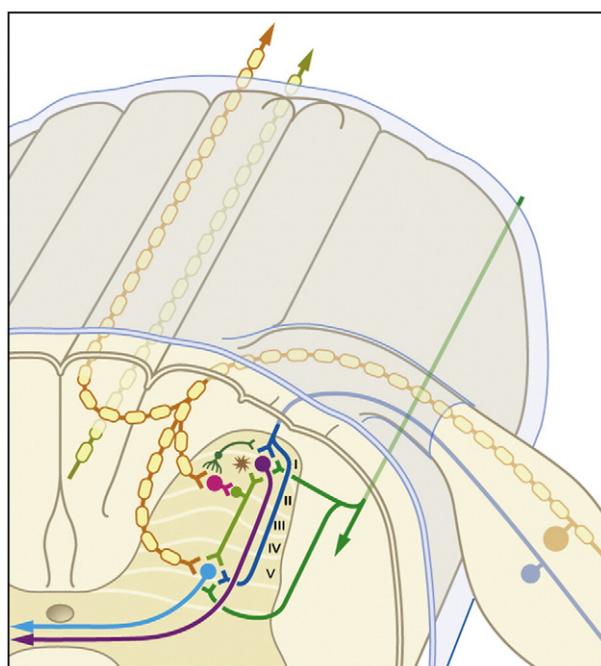
into pain' by means of activation and/or sensitization of a normally silent dorsal horn circuit containing PKC- $\gamma$  interneurons, thereby gating A $\beta$  fiber input to NS projection neurons. PKC- $\gamma$  has been shown of specific importance to neuropathic pain as mice lacking this particular enzyme have an intact acute pain phenotype (i.e. respond normally to acute pain stimuli), but are strongly impaired in the development of hypersensitivity after peripheral nerve injury (Malmberg et al., 1997).

#### 4. Neuropathy-induced modulation of the spinal pain gate

Nerve injury dramatically changes the way in which incoming signals are processed in the spinal cord. This is evidenced by a strong increase in expression of the early neuronal activation marker c-Fos in the superficial and deeper dorsal horn upon low-threshold mechanical stimulation of the hindpaw ipsilateral to a nerve injury (Zhang et al., 2007a). As mentioned above, the dorsal horn contains two different types of projection neurons: NS and WDR. In models of neuropathic pain (both peripheral and central neuropathies), dorsal horn neurons have been found to increase their firing patterns following innocuous and noxious stimulation of the skin (Carlton et al., 2009; Hains et al., 2004; Hains and

Waxman, 2006; Keller et al., 2007). Also, a higher number of neurons with WDR characteristics have been noted (Hains et al., 2003b; Keller et al., 2007). The former phenomenon may relate to an altered input to the spinal neurons and/or intrinsic changes in the spinal neurons themselves (giving them a 'hyperexcitable' character). The latter phenomenon suggests that NS neurons undergo a functional switch from NS to WDR by acquiring characteristics of WDR neurons (i.e. they become responsive to innocuous stimuli).

The spinal dorsal horn is the gate for pain signals and its enhanced activity is, thus, of vital importance to the understanding of neuropathic pain. In this review, we particularly focus on possible alterations in the input to dorsal horn neurons following peripheral nerve injury and spinal cord injury. This information is then used to elaborate on novel treatment options based on such pathological mechanisms. Altered input into dorsal horn 'gate' neurons can (1) derive from changes in peripheral afferents (e.g. by enhanced



**Fig. 1 – The spinal nociceptive network. Two main types of projection neurons reside in the dorsal horn: NS in the superficial dorsal horn and WDR in the deeper dorsal horn. These projection neurons receive input from primary afferents, descending (aminergic) pathways, and spinal interneurons. Primary afferents are either low-threshold such as highly-myelinated A $\beta$  fibers from large-sized DRG neurons and unmyelinated mechanoceptive C fibers from small-to-medium-sized DRG neurons or high-threshold such as thinly-myelinated A $\delta$  fibers from medium-sized DRG neurons and unmyelinated C fibers from small-sized DRG neurons. Descending (aminergic) fibers are mostly serotonergic and noradrenergic, derive from supraspinal structures (such as the nucleus raphe and locus coeruleus), and predominantly modulate (via inhibitory and/or excitatory effects) the processing of nociceptive signals in the spinal nociceptive network. The spinal nociceptive network also contains numerous interneurons, both of excitatory and inhibitory nature, which largely complicate the processing of nociceptive signals at the 'gate to the brain'. The spinal nociceptive network also contains a silent circuit between low-threshold primary afferents and NS projection neurons. This circuit, which contains interneurons expressing PKC- $\gamma$  is normally inactive, but is thought to be activated under neuropathic conditions and, as such, 'turns touch into pain'. Finally, it is now generally accepted that glial cells, which are found near neuronal synapses can actively participate in communications between neurons as they do not only express receptors for neurotransmitters but also contain synaptic vesicles with neurotransmitters. In conditions of nerve injury, these glial cells (microglia and astrocytes) release a wide range of neuroactive (immune-related) modulators, which have substantial effects on neuronal signal transmission. NS, nociception-specific; WDR, wide-dynamic-range; DRG, dorsal root ganglion; A-fiber afferent, A $\beta$ -large-sized DRG neuron; A $\delta$ , A $\delta$ -medium-sized neuron; C-fiber afferent, C-small-sized DRG neuron; Nociceptor, C-fiber afferent and A $\delta$ -fiber afferent; PKC- $\gamma$ , protein kinase C $\gamma$ .**

Art-design: Rogier Trompert, medical illustrator.

excitatory input), (2) be due to the phenomenon of ‘disinhibition’, and/or (3) be related to the action of neuromodulatory substances (which can modulate excitatory and/or inhibitory input or have direct effects on the activity of spinal nociceptive neurons).

#### 4.1. Neuropathy-induced changes in peripheral afferents and hypersensitivity

Enhanced peripheral input can derive from an increase in the activity of peripheral afferents due to spontaneous electrical activity referred to as *ectopia* or due to their sensitization (i.e. peripheral sensitization leading to hyperexcitability to an incoming stimulus). *Ectopia* and (peripheral) hyperexcitability are different as the latter requires a stimulus, while the former does not. The generation of spontaneous electrical discharges which follows both peripheral and central neuropathies typically originates at ectopic places along the nociceptive pathway, including the DRG, the spinal cord and the thalamus as well as at the nerve injury site (Bedi et al., 2010; Carlton et al., 2009; Govrin-Lippmann and Devor, 1978; Hains et al., 2004; Zhao et al., 2007b). *Ectopia* is thought to originate from a blockade in the trafficking of voltage-operated ion channels upon axon damage (Devor, 2009), although this may not be the sole explanation because uninjured fibers have also been reported to display *ectopia* (Wu et al., 2001). Membrane insertion of ion channels following axotomy renders high channel densities at the site of nerve injury and/or DRG (Devor, 2006b; Devor, 2009). As a result, the electrogenicity of the primary afferent neuron is altered, leading to pacemaker actions and this may relate to some extent to the spontaneous oscillations in membrane potentials below the threshold for generating action potentials, which are thought to underlie neuropathy-induced *ectopia* (Amir et al., 1999, 2002a, 2002b; Kovalsky et al., 2008, 2009; Liu et al., 2000, 2002). With respect to peripheral sensitization, several processes have been described which lead to hyperexcitability of peripherally located primary afferent neurons projecting to the spinal cord. These processes occur either at the peripheral nerve ending or at the level of the DRG. Many, but not all, of these changes involve alterations in ion channels (Cummins and Waxman, 1997) and receptors, and have been reviewed elsewhere (Cregg et al., 2010). Such alterations include both the expression and the phosphorylation-status of nociceptor receptor proteins (e.g. transient-receptor-potential-vannilloid-1 (TRPV1)).

Additionally, peripheral nerve injury may trigger ‘phenotypic switching’ of primary afferent fibers by *de novo* expression of proteins. Such molecular changes may occur at the peripheral and/or central nerve endings of nociceptors, but also at the somata located within the DRG. These neuronal somata are surrounded by satellite glial cells, and as such form distinct functional units (Hanani, 2005). Molecular changes within the DRG may form the basis of a first level of (neuro) pathological change in the modulation of innocuous and noxious signaling (Zimmermann, 2001). Of particular relevance is the phenotypic switching of primary afferents with *de novo* expression of neuromodulators such as substance P, calcitonin gene-related peptide (CGRP), and brain-derived neurotrophic factor (BDNF) in large-sized neurons following

peripheral nerve injury (Ma et al., 1999; Malcangio et al., 2000; Marchand et al., 1994; Michael et al., 1999; Weissner et al., 2006). These neuromodulators are of particular relevance to sensitization of dorsal horn neurons (see also Latremoliere and Woolf, 2009).

Beside *ectopia*, peripheral sensitization, and phenotypic switching of primary afferents, also structural plasticity of primary afferent fibers has been reported under neuropathic conditions. Reported phenomena include (1) collateral sprouting of afferents in the skin (and other tissues) in the event of partial peripheral nerve injury (Diamond et al., 1992; Kingery and Vallin, 1989; Ro et al., 1999), (2) sprouting of sympathetic fibers within the DRG (triggering spontaneous electrical activity in DRG, see ‘*ectopia*’ below) (Deng et al., 2000; Jones et al., 1999; Ramer et al., 1999), and (3) sprouting of primary afferents in the spinal cord following both peripheral (Doubell and Woolf, 1997) and central neuropathies (Christensen and Hulsebosch, 1997a; Christensen and Hulsebosch, 1997b).

The enhanced excitability of peripheral afferent neurons, their spontaneous activity, and structural plasticity of these neurons can have radical consequences on the projection territories of these neurons within the CNS. Central sensitization is an inevitable and cardinal consequence in the light of neuropathy-induced pain hypersensitivity.

#### 4.2. Neuropathy-induced disinhibition at the spinal gate

The spinal nociceptive network receives inhibitory input from two main sources: non-segmental inhibitory systems (such as descending pathways originating from supraspinal loci) and segmental inhibitory systems (including inhibitory interneurons). Alterations to any of these systems may render a condition of disinhibition (Saade and Jabbur, 2008; Suzuki et al., 2004). These alterations can relate to reduced activity of inhibitory neurons and/or to a different response of spinal neurons to neurotransmitters which are classically regarded as inhibitory neurotransmitters.

#### 4.3. Neuropathy-induced neuromodulation: central role of neuroinflammation

The view on neuropathic pain has seen a revolutionary shift when it was discovered that non-neuronal cells are not simple by-standers in the processing of sensory neurotransmission, but play an active role or even exacerbate the enhanced interneuronal signaling in pathological conditions such as neuropathies (Austin and Moalem-Taylor, 2010; Scholz and Woolf, 2007; Watkins and Maier, 2002). Neuroinflammatory responses are highly complex and are mediated by neuronal and non-neuronal cells which act in synergy following pathological cues (Scholz and Woolf, 2007). Oligodendroglia, astroglia, and microglia constitute the major non-neuronal cell types in the CNS, but also bone marrow-derived cells including lymphocytes can invade the CNS, even after injury to peripheral nerves (Cao and DeLeo, 2008; Costigan et al., 2009; Zhang et al., 2007b). Immune cells such as endogenous glia are considered to largely influence the signal conduction between neurons (De Leo et al., 2006). The intimate association between astroglia and synapses (giving rise to the so-called tripartite synapse (Haydon and Carmignoto, 2006; Perea et al., 2009) enables astroglia to handle

neurotransmission, e.g. by buffering glutamate at glutamatergic synapses. Microglia, on the other hand, are found around blood vessels (perivascular microglia) and within the CNS parenchyma. Microglia have a main role in immune surveillance as they continuously screen the CNS environment and can rapidly respond to disturbances in homeostasis (Davalos et al., 2005; Nimmerjahn et al., 2005).

Inflammatory communications between neurons, local glial cells and blood-borne inflammatory cells are largely orchestrated by a family of cell-signaling proteins known as cytokines and chemotactic cytokines (chemokines). Cytokines/chemokines and other neuromodulators are up-regulated in peripheral nerves and also in the spinal cord within hours to days following peripheral neuropathies (Jeon et al., 2009; Mika et al., 2008; Okamoto et al., 2001; Rothman et al., 2009; Schafers et al., 2002) and injury to the CNS (Donnelly and Popovich, 2008; Streit et al., 1998). Several lines of evidence suggest that these neuromodulators contribute to pain hypersensitivity. First, cytokines/chemokines can increase the expression and release of neurotransmitters by primary afferent fibers (Qin et al., 2005; Skoff et al., 2009). Second, these mediators can induce electrical discharges in primary afferent fibers, especially following injury (Schafers et al., 2003a), or sensitize such fibers (Jung et al., 2008). Third, cytokines and chemokines have been shown to trigger spontaneous excitatory post-synaptic potentials and to modulate currents induced by excitatory and inhibitory neurotransmitters in spinal cord neurons (Gao et al., 2009; Kawasaki et al., 2008b). Fourth, intrathecal delivery of interleukin-1 $\beta$  (IL-1 $\beta$ ) or tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) increases WDR activation in naïve animals (Reeve et al., 2000). Fifth, pain hypersensitivity has been observed following intrathecal injection of exogenous fractalkine (CX3CL1), CCL-2, IL-1 $\beta$  and TNF- $\alpha$  (Dansereau et al., 2008; Milligan et al., 2004; Reeve et al., 2000; Xu et al., 2010; Youn et al., 2008). Hence, these and other neuromodulators such as prostaglandins, nitric oxide and excitatory amino acids, released in the CNS during a neuropathy-induced inflammatory response can all contribute to pain hypersensitivity (Hains et al., 2001b; Zhao et al., 2007a).

## 5. Management of neuropathic pain: which way to go?

Neuropathy-induced pain hypersensitivity is, thus, mediated by an imbalance between excitatory and inhibitory input into the nociceptive circuit in the spinal dorsal horn. Dorsal horn neurons show an increased activity to incoming signals. This increased activity might (1) directly relate to altered input, but can (2) also be derived from intrinsic molecular changes in the spinal neurons themselves (i.e. the neurons have become hyperexcitable) (Devor, 2006a). In respect to the molecular basis for dorsal horn neuron hyperexcitability (central sensitization), the reader is referred to other reviews (Latremoliere and Woolf, 2009; Woolf, 2011) as this topic is only briefly addressed here. The main neurotransmitter system involved in signaling between primary afferent fibers and dorsal horn neurons is the glutamatergic system. Upon binding its ionotropic receptors (such as the NMDA, AMPA and kainate receptors), glutamate

induces membrane depolarization. Hyperexcitability of dorsal horn neurons is thought to be at least partly based on an increase in the expression or phosphorylation of these glutamate-operated ion channels (Gao et al., 2005; Ultenius et al., 2006). Especially the NR2B subunit of the NMDA receptor is suggested to largely affect pain hypersensitivity, a role which it probably owes to its preferential expression in the superficial dorsal horn (Nagy et al., 2004; Qu et al., 2009; Shiokawa et al., 2010). As such, the NR2B subunit or its phosphorylation may be antagonized for effective attenuation of neuropathic pain (De Vry et al., 2004). An exciting novel mechanism that has been suggested as being implicated in sensitization processes and pain hypersensitivity after nerve injury involved scaffolding proteins. Because this mechanism is still relatively unexplored, it will be only briefly addressed here. Scaffolding proteins function to assemble synaptic intracellular signaling complexes and are thus essential for synaptic transmission. Protein interacting with C kinase 1 (PICK1) is a scaffolding protein which is expressed in about 30% of DRG neurons (primarily peptidergic and non-peptidergic nociceptors) and in pre- and postsynaptic structures within the superficial dorsal horn (Wang et al., 2011). Mechanical and thermal pain hypersensitivity following spinal nerve injury is strongly impaired in genetically modified mice lacking PICK1 and in rats which are intrathecally treated with antisense oligonucleotides against PICK1 (Wang et al., 2011), but mechanisms remain unclear to date. Nevertheless, interference with scaffolding proteins in the nociceptive system may hold great promise as an innovative treatment approach for neuropathic pain management.

This review focuses on the cellular and/or molecular mechanisms driving (peripheral and/or central) neuropathy-induced alterations of the input to spinal projection neurons, and possibly also hyperexcitability of these neurons. A deeper understanding of such mechanisms will aid in the development of effective therapeutic approaches for management of neuropathic pain. Insights into the persistence of such mechanisms are further important for the identification of therapeutic windows-of-opportunity in relation to such mechanisms. Many of the currently used pain killers preferentially target neuronal signaling *per se*, but most likely do not affect many other pathological processes which affect pain hypersensitivity following neuropathies.

Nerve trauma or disease elicits a wide range of cellular and molecular changes at several levels along the neuraxis as discussed in this review. This holds true for both peripheral and central neuropathies, although the exact nature of changes may differ between these two categories of neuropathies and heterogeneity even exists within such categories. The initial and trivial cause of neuropathic hypersensitivity is the nerve injury itself (Klusakova and Dubovy, 2009). As such, one may argue that neuropathic pain is maintained as long as the neurotrauma and/or the putative neurotrauma-induced cell loss (e.g. loss of inhibitory interneurons) remain present. 'Curing' of neuropathic pain might, then, require (1) neurorepair or (2) replacement of lost neurons such as inhibitory interneurons. Indeed, when primary afferent fibers fully regenerate (as in nerve crush injuries), pain hypersensitivity resolves (Decosterd and Woolf, 2000). As such, repair-intervention for peripheral nerve injury holds great promise in management of peripheral neuropathic pain. Today,

autologous nerve grafting is still the gold-standard treatment for peripheral nerve defects, but alternatives are increasingly explored (Deumens et al., 2010). Such alternatives mostly involve nerve guidance tubes or scaffolds with or without seeding of growth promoting cells (Gu et al., 2010). For obvious reasons such non-conventional and invasive treatment options do not belong to first-line options. Nevertheless, there are concrete ideas on managing neuropathic pain by such invasive techniques (as discussed below). Alternatively, one may turn to more conventional treatments such as pharmacotherapies, but with better therapeutic targets at appropriate locations and at appropriate timing. Effective management of neuropathic pain is dependent on at least three interrelated issues: targeting the appropriate cellular/molecular cue(s), targeting at appropriate location(s), and targeting at appropriate time(s).

## 6. Therapeutic approaches in painful peripheral neuropathies

An excellent and updated review article has been recently published describing the currently available drugs, such as antidepressants, calcium channel  $\alpha_2\text{-}\delta$  blockers (including gabapentin and pregabalin), and opioids to treat painful peripheral neuropathies (Baron et al., 2010). Also novel drugs in these and other categories are currently being tested or have already completed clinical trials (see <http://clinicaltrials.gov/>). From the perspective of cellular and molecular mechanisms which have been claimed to underlie neuropathic pain, we here focus on novel, often still experimental pharmacological approaches to improve management of peripheral neuropathic pain.

### 6.1. Treating ectopia

Ectopia has been shown to be rather persistent in nature as it was observed as early as a few hours after peripheral nerve injury and up to more than 7 months (Govrin-Lippmann and Devor, 1978). Following peripheral nerve injury, ectopia is carried mostly by A $\beta$  fibers, although C fibers also show ectopia (Devor, 2009; Wu et al., 2001). Although ectopia is thought to result from changes in the expression of voltage-gated ion channels, it is unlikely that a pathological change relating to only a single ion channel can account for neuropathy-induced hypersensitivity. Indeed animals lacking Na $_v$ 1.3, Na $_v$ 1.7, Na $_v$ 1.8, and Na $_v$ 1.9 voltage-gated sodium channels (Abrahamsen et al., 2008; Nassar et al., 2004, 2005, 2006; Priest et al., 2005) show normal development of pain hypersensitivity following peripheral nerve injury and, if studied, intact ectopia. However, it cannot be excluded that ablation of single ion channels induces compensatory changes in the expression of other ion channels. Remarkably, intrathecal treatment with anti-sense oligonucleotides against Na $_v$ 1.3 was reported to partly reverse established pain hypersensitivity following CCI, an effect which was lost when treatment was ceased (Hains et al., 2004). WDR neurons in the spinal dorsal horn were furthermore found to show reduced hyperactivity to noxious and innocuous stimuli during Na $_v$ 1.3-anti-sense treatment (Hains et al., 2004).

Treatment of the injured nerve with local anesthetics, which interfere with voltage-gated ion channels and attenuate or even abolish ectopia, has been shown to attenuate or even eliminate mechanical hypersensitivity following peripheral nerve injury (Jang et al., 2007; Sukhotinsky et al., 2004). This treatment paradigm was proven to be only effective when given immediately after injury and if the nerve was effectively blocked for several days (Xie et al., 2005). A recent study, however, showed that daily intrathecal delivery of the local anesthetic ropivacaine was effective in reversing pain hypersensitivity when given after the first week post-CCI (Toda et al., 2011). An interesting observation in studies on the efficacy of local anesthetics in peripheral neuropathic pain management is that the relief of pain hypersensitivity induced by local anesthetics often exceeds the duration in which local anesthetics are predicted to affect voltage-gated ion channels according to pharmacokinetics (Arner et al., 1990; Chaplan et al., 1995; Tian et al., 2009). These findings suggest that treatment of ectopia using local anesthetics may additionally affect cellular and/or molecular processes contributing to pain hypersensitivity, which are to a certain extent driven by ectopia (see also section 'Novel approaches to achieve anti-inflammatory effects') (Toda et al., 2011; Wen et al., 2007). Nevertheless, the duration of pain relief is only temporary when treatment is ceased. Hence, treatment of ectopia may only be efficacious with development of durable drug delivery systems, such as implantable systems which can act as drug reservoirs and can be activated 'on demand' by external cues (Keurentjes et al., 2009).

At present, a phase IV clinical trial is recruiting participants for studying predictors of response to topical lidocaine patches, which act to block sodium channels, in patients with peripheral nerve injury. A further phase IV clinical trial has recently been completed in which lidocaine patches, gabapentin or their combination was tested for pain relief in patients with diverse peripheral neuropathic conditions (see <http://clinicaltrials.gov/>).

### 6.2. Peripheral sensitization as a therapeutic target

At the level of sensory nerve endings, nociceptor proteins mediate the response to peripheral stimuli. The transient receptor potential vanilloid 1 (TRPV1), a non-selective cation channel activated by the active ingredient of hot chili peppers, capsaicin, but also by noxious heat, protons (low pH) and endogenous lipids, is one of the best-known nociceptor proteins. Although it may be reasoned that sensitization of nociceptor proteins (e.g. by phosphorylation) may affect pain hypersensitivity after nerve injury, mice lacking functional TRPV1 receptors show preserved mechanical and thermal hypersensitivity following partial sciatic nerve ligation (Caterina et al., 2000). Nevertheless, a phase II randomized, double-blind, placebo-controlled trial of topical capsaicin in treatment of painful diabetic neuropathy is presently recruiting participants. Additionally, a phase IV multi-center, open-label study of repeated administration of capsaicin (Qutenza) patches in treatment of peripheral neuropathic pain is recruiting participants (see <http://clinicaltrials.gov/>). This therapeutic approach aims to deplete TRPV1-expressing peripheral afferents from substance P, hence interfering with nociceptive

signals to the CNS. A further hurdle to tackle when interfering with particular fiber populations in management of neuropathic pain is the fact that there are only few investigations which provide insight in the nature of fiber populations which are needed for (the modality of) neuropathy-induced pain hypersensitivity. A recent report showed that a small subset of C-fibers responding to low-threshold mechanical stimuli (low-threshold mechanoreceptors; LTMR) are required for the development of mechanical, but not thermal hypersensitivity following peripheral nerve injury (Seal et al., 2009). Further insights into the molecular profile of these fibers may open possibilities to selectively target them for neuropathic pain management. Alternatively, another recent investigation demonstrated that primary afferent fibers expressing vesicular glutamate transporter 2 (VGLUT2) are required to develop thermal, but not mechanical hypersensitivity following CCI (Scherrer et al., 2010).

Growth factors in primary afferent fibers are considered to facilitate sensitization in animal models of neuropathic pain. Particularly in animal models of diabetic polyneuropathy, nerve growth factor (NGF) has been found to be up-regulated in the sciatic nerve and DRG (Cheng et al., 2009; Fernyhough et al., 1995). NGF is known to enhance expression of neuropeptides such as CGRP and substance P (Schmidt et al., 1995), and may thereby enhance nociceptive signal processing. Intraperitoneal delivery of an anti-NGF antibody could attenuate the up-regulation of substance P in the DRG as well as decrease pain hypersensitivity in a mouse model of diabetic polyneuropathy (Cheng et al., 2009). However, long-term treatment with anti-NGF antibodies is clinically not feasible as it may trigger adverse side-effects and may strongly interfere with beneficial effects of NGF, including trophic effects on axons.

### 6.3. Phenotypic switching as a therapeutic target

The *de novo* expression of neuromodulators in large-sized primary afferents may strongly affect the processing of noxious and innocuous signals, particularly at the level of the DRG. It, nevertheless, remains largely unknown as to how persistent such phenotypic switches are and whether such changes are imperative to neuropathy-induced pain hypersensitivity (Hughes et al., 2007), although increases in the expression of neuropeptides within the DRG have been reported for weeks after peripheral nerve injury (Kim et al., 2009). Nevertheless, expression of BDNF in primary afferents was found not to be required for pain hypersensitivity following peripheral nerve injury (Zhao et al., 2006). Hence, many more studies are needed to prove the role of phenotypic switching of neuronal cell populations in pain hypersensitivity before putative therapeutic targets can be described.

### 6.4. Structural plasticity as a therapeutic target

Structural plasticity in primary afferent fibers (in peripheral tissues, within the DRG and/or in the spinal cord) may have an imperative impact on the processing of noxious and innocuous information, and hence, on pain hypersensitivity following nerve injury. Structural plasticity is most likely persistent in nature, and more research may thus be needed to explore

the molecular and/or cellular cues which trigger structural plasticity. This kind of knowledge may open avenues in preventive medicine rather than therapeutic medicine. About thirty years ago, Clifford Woolf discovered that peripheral nerve injury strongly induced the protein expression of growth-associated-protein-43 (GAP-43) in both the DRG and superficial dorsal horn of the spinal cord (Woolf et al., 1990). GAP-43 is traditionally regarded as a marker of sprouting fibers, but can also be indicative of regeneration or neuronal plasticity (Oestreicher et al., 1997). A relation between structural plasticity and pain hypersensitivity was claimed when peripheral nerve injury was suspected to trigger a growth response ('sprouting') of A $\beta$  fibers into the superficial spinal cord, which is normally exclusively innervated by nociceptive primary afferent fibers (Doubell et al., 1997; Lekan et al., 1996; Nakamura and Myers, 1999; Shortland et al., 1997; Woolf et al., 1992, 1995). It is now known that bias in fiber tracing can account for this phenomenon (Bao et al., 2002), and single-A $\beta$ -fiber tracing studies have now shown that A $\beta$ -fibers never extend beyond the ventral most portion of lamina II which is occupied by PKC- $\gamma$  neurons (Hughes et al., 2003). More recent experiments have now pointed to the regulation of spinal GAP-43 protein expression in peptidergic primary afferents (CGRP-positive fibers; Jaken et al., unpublished data). These data may be particularly relevant to pain hypersensitivity as CGRP is a neuromodulator which has been reported to increase the release of neurotransmitters from primary afferent fibers and to regulate the expression of receptors on spinal neurons including the NK1 receptor for substance P (Oku et al., 1987; Seybold et al., 2003; Seybold, 2009). Structural neuroplasticity of CGRP fibers within the spinal nociceptive network may form an unremitting source of central sensitization. Also, structural plasticity in peripheral tissues and DRG may contribute to persistent changes in the input to the spinal nociceptive network, but these issues are not further discussed in the present review. Prevention of plastic changes may aid in avoiding chronification of neuropathic pain symptoms.

### 6.5. Spinal disinhibition as a therapeutic target

Several neuronal systems have been claimed to be functionally compromised in conditions of painful peripheral neuropathies and may therefore present novel valuable therapeutic opportunities. As a non-segmental (supraspinal) system, the serotonergic pathway has been shown to be compromised following peripheral neuropathies. The major spinal projection of serotonin (5-hydroxytryptamine, 5-HT)-producing axons originates from the nucleus raphe magnus and the adjacent nucleus reticularis gigantocellularis at the rostro-ventral medulla (RVM) of the midbrain (Millan, 2002). Although this projection is thought to mainly modulate spinal nociceptive networks via exerting inhibitory effects, also excitatory effects have been claimed to exist (Suzuki et al., 2004). A recent study showed that molecular depletion of descending 5-HT reversed established mechanical and thermal hypersensitivity following peripheral nerve injury in the rat (Wei et al., 2010). These data imply that 5-HT has a predominant excitatory effect on spinal nociceptive networks in conditions of peripheral neuropathy and, hence, should be

antagonized in treatment of neuropathic pain. This knowledge is particularly relevant bearing in mind that first-line therapies for neuropathic pain management (such as tricyclic antidepressants (TCA), and selective serotonin-reuptake inhibitors (SSRI) or serotonin-norepinephrine-reuptake inhibitors (SNRI)) aim at increasing 5-HT levels.

The segmental (spinal) GABAergic system was reported to be affected following peripheral nerve injury. GABA-mediated inhibitory post-synaptic currents (IPSCs) of dorsal horn neurons triggered by primary afferent stimulation have been shown to decrease following partial but not complete peripheral nerve injury (Moore et al., 2002; Scholz et al., 2005). These reduced GABA-IPSCs may result from (1) excitatory rather than inhibitory GABA-induced currents (Price et al., 2005) and/or (2) attenuated release of GABA.

With respect to the former, the anion gradient of dorsal horn neurons was found to be altered under neuropathic conditions. This shift in anion gradient has dramatic effects for GABA signaling. While normally GABA signaling induces a hyperpolarization of postsynaptic membranes by acting upon GABA<sub>A</sub> receptors, the shift in anion gradients following nerve injury causes GABA-induced depolarizing currents in lamina I neurons (Coull et al., 2003). This depolarizing shift of GABA-induced membrane currents has been explained by a down-regulation of the potassium-chloride co-transporter KCC2 (Coull et al., 2003), which is also observed in other neuropathic models including an animal model of diabetic neuropathy (Jolivald et al., 2008). Chloride ions are pumped into and out of cells by NKCC1 and KCC2 transporter proteins, respectively. Down-regulation of KCC2, thus, leads to increased intracellular chloride levels. A clear insight into the spatio-temporal characteristics of KCC2 down-regulation after nerve injury is, however, still lacking.

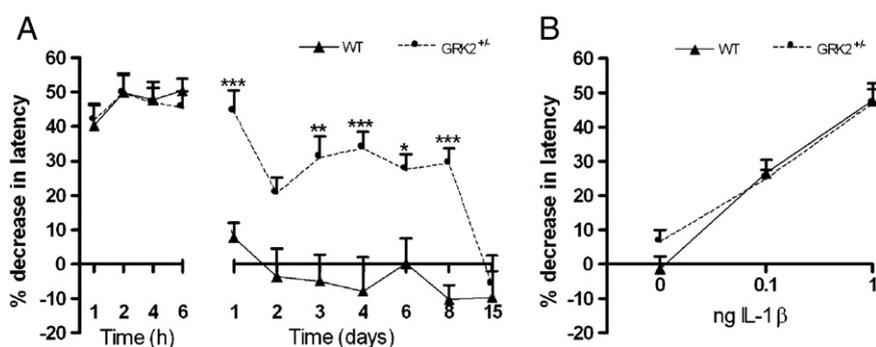
With respect to the latter, primary afferent-evoked GABA release is indeed attenuated following peripheral nerve injury (Lever et al., 2003), although the electrophysiological properties of GABAergic cells are unaltered in peripheral neuropathic conditions (Schoffnegger et al., 2006). Also, basal extracellular GABA levels have shown to be decreased under neuropathic conditions (Stiller et al., 1996), which, in light of potentially dysfunctional GABA release, may explain findings of increased intracellular levels of GABA (Janssen et al., unpublished data). Changes in GABA receptor protein expression are largely uncertain (Engle et al., 2006; Moore et al., 2002; Polgar and Todd, 2008) but, if present, are most likely based on a cellular response to altered (i.e. decreased) extracellular GABA levels and therefore not considered in detail here. It has been argued that GABAergic cells are prone to apoptosis under conditions of neuropathy, but the evidence is not extensive (Meisner et al., 2010; Scholz et al., 2005). In even further contrast has it been argued that there is no change in the number of GABAergic cells in the spinal dorsal horn following nerve injury (Polgar et al., 2003, 2005). Hence, loss of GABAergic cells is unlikely to account for the evident reduction in GABA release following peripheral nerve injury. Alternatively, reduced GABA production as well as compromised release of the synthesized GABA may be responsible for the reduced GABA levels. Indeed, a reduction in the spinal protein expression of the rate-limiting enzyme in GABA synthesis, glutamate decarboxylase (GAD), present in isoform-65 and isoform-67,

was reported up to two weeks following peripheral nerve injury (Moore et al., 2002). The 'causes' of reduced GAD protein expression remain unclear, although cytokines have been reported to influence the protein expression of GAD in non-neural tissue (Schmidli et al., 1996). Exogenous administration of GABA by intrathecal injection of either GABA itself or bio-engineered GABA-producing neuronal cells has been found to largely prevent pain hypersensitivity but also reverses established pain hypersensitivity in an animal model of peripheral nerve injury (Eaton et al., 1999a, 1999b). Optimal treatment effects were claimed to occur when GABAergic cell grafts were transplanted within two weeks after onset of the peripheral neuropathy (Stubbley et al., 2001). Also human neural precursor cells that were expanded and differentiated into a GABAergic phenotype *in vitro* and subsequently transplanted intraparenchymally into the lumbar spinal cord at 10 days after spinal nerve ligation induced a significant alleviation of pain hypersensitivity that was maintained for at least six weeks (Mukhida et al., 2007). Despite of these promising findings, the clinical feasibility of cell transplantation remains unclear as it is highly invasive and potential adverse side-effects are only poorly described. Increased spinal levels of extracellular GABA have also been achieved experimentally using spinal cord stimulation (SCS) (Cui et al., 1997; Stiller et al., 1996). SCS has been proven effective in management of neuropathic pain, where patients with complex regional pain syndrome were found to benefit from SCS for up to many years (Kemler et al., 2000; Kemler et al., 2008).

#### 6.6. Modulation of the neuroinflammatory response

Neuropathy-induced glial responses are typically very persistent in nature as they have been observed for many months after injury (Coyle, 1998; Deumens et al., 2009; Zhang and De Koninck, 2006). Recent work has indicated that the chronicity of microglial responses to peripheral nerve injury may be related to a substantial and long-term down-regulation in the protein expression of G-protein-coupled-receptor kinase-2 (GRK-2) which normally acts to restrict neuroinflammatory processes (Eijkelkamp et al., 2010). Not only was GRK-2 down-regulation observed in an animal model of (chronic) neuropathic pain (i.e. spinal nerve injury), but pain hypersensitivity following inflammatory pain (including intraplantar injections with carrageenan or with IL-1 $\beta$ ) was substantially prolonged in mice with an approximate 50% deficiency of GRK-2 in microglial cells (Eijkelkamp et al., 2010; Willemsen et al., 2010) (Fig. 2).

In response to nerve injury spinal glial cells undergo morphological transformations which are typically characterized by hypertrophy and an associated up-regulation of complement receptor-3, CD11b (Ling et al., 1990) or the ionized calcium-binding adaptor molecule 1 (Iba1) for microglia (Ito et al., 1998) and glial fibrillary acidic protein (GFAP) for astroglia (Eng et al., 2000). Rapid proliferation, retraction of cellular processes, and acquisition of an amoeboid phenotype are all indicative of microglial responses to nerve injury (Davalos et al., 2005; Kreutzberg, 1996; Nimmerjahn et al., 2005). Interestingly, this type of response is not only accounted for by resident microglia, but also by bone marrow-derived cells which invade the spinal cord after nerve injury and



**Fig. 2 – GRK2 regulates duration of peripheral IL-1 $\beta$ -induced hyperalgesia. Percentage decrease in heat withdrawal latency in WT and GRK2 $\pm$  mice (A) after intraplantar IL-1 $\beta$  at a dose of 1 ng ( $n=8$ ), (B) 4 h after intraplantar injection of 0 (saline), 0.1 or 1 ng IL-1 $\beta$  ( $n=8$ ). Data are expressed as means  $\pm$  SEM. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .**

Adapted from Willemen et al. (2010) with permission.

differentiate into microglia (Zhang et al., 2007b). Morphological changes are first observed in microglia, then in astroglia, although the exact timing seems to depend on the model used. Spinal nerve injuries (ligation and/or transection) elicit microglial responses within a day, which is then followed by astrocyte responses a few days later (Romero-Sandoval et al., 2008). Also, microglial responses precede astrocyte responses following injuries of the sciatic nerve or its branches (Coyle, 1998; Hu et al., 2007; Zhang and De Koninck, 2006). Although the morphological hallmarks of glial responses as well as increased proliferation are usually used to define an ‘activated state’, it does not tell us anything about the functional properties of glia. In addition, it is clear that there is no ‘single’ activation state, but many different states can exist depending on the context the glia are in (Ransohoff and Perry, 2009). For a better understanding of the role of activated glial states in pathological pain, it has recently been suggested to use the term ‘pain-related enhanced response states’ if it is clear that the molecular profile of a glial cell influences pain processing (McMahon and Malcangio, 2009).

#### 6.6.1. Toll-like receptors

A wide repertoire of receptor proteins on their cell membranes allows microglia to react almost immediately to changes in the homeostasis of the micro-environment. Among these receptor proteins are Toll-like receptors (TLR). Expression of TLR2, 3, or 4 (and the co-receptor for TLR4, CD14) proteins was found to be required for full-blown microglial responses to peripheral nerve injury since mice lacking any of these TLR showed attenuated neuropathy-induced up-regulation of microglial genes and proteins such as CD11b and Iba1 (Cao et al., 2009; Kim et al., 2007; Obata et al., 2008; Tanga et al., 2005). More importantly, deletion of these TLR was found sufficient to attenuate the development of pain hypersensitivity. TLR are thought to contribute to pain hypersensitivity by affecting the release of pro-inflammatory cytokines such as IL-1 $\beta$  (Clark et al., 2009). TLR are receptors for sensing pathogen-associated molecular patterns (PAMP) or damage-associated molecular patterns (DAMP). Indeed, TLR were suggested to bind and be activated by ‘own’ substances such as heat-shock proteins (Hutchinson et al., 2009). Heat shock proteins are particularly up-regulated by glia and neurons in

response to stress or injury (Krueger-Naug et al., 2000), most likely for the purpose of neuroprotection (Benn et al., 2002). Although neither the exact role nor the persistence in changes of TLR ligands after nerve injury are clear to date, TLR represent an exciting, but largely experimental therapeutic target in neuropathic pain management. Meanwhile, a novel receptor antagonist for TLR4 has been developed and shown effective in treatment of CCI-induced pain hypersensitivity when given daily during the first week after nerve injury (Bettoni et al., 2008).

#### 6.6.2. Chemokine receptors

Chemokines have not only been suggested to be important mediators of orchestrating the inflammatory response by attraction of immune competent cells (Zhang et al., 2007b), but also to act as chemical signals for neuronal–glial communication. Particularly monocyte chemoattractant protein-1 (MCP-1 or CCL-2), acting through the CCR2 receptor, and fractalkine, acting through the fractalkine receptor (CX3CR1) have been studied in this respect. Mice lacking CCR2 failed to develop full-blown pain hypersensitivity following peripheral nerve injury (Abbadie et al., 2003) and a novel CCR2-antagonist was recently found effective in reducing WDR neuron activity and reversing established pain hypersensitivity induced by peripheral nerve injury (Serrano et al., 2010). CCL-2 is up-regulated in the DRG for several weeks following injury (White et al., 2005). While this chemokine does not normally excite neurons, it was found to induce membrane depolarization of DRG neurons after peripheral nerve injury (Sun et al., 2006). This effect may be explained by an induction of CCR2 in a small subpopulation of DRG neurons upon injury (White et al., 2005). CCL-2 was furthermore found to be packaged into synaptic vesicles which possibly also contain the neuropeptide CGRP and could be released in a calcium-dependent manner (Jung et al., 2008). *In vitro* experiments have also shown that CCL-2 can be released in a calcium-dependent manner from DRG preparations upon challenge with either potassium chloride or capsaicin (Dansereau et al., 2008). Subsequent *in vivo* experiments showed that CCL-2 is predominantly produced in small-sized DRG neurons, transported to the central terminals and released upon high intensity nerve stimulation (Thacker et al., 2009). Additionally,

astroglia have recently been proven to be a spinal source of CCL-2 following peripheral nerve injury (Gao et al., 2009). CCL-2 production by astroglia depends on the activity of the mitogen-activated protein kinase (MAPK) c-Jun-N-terminal kinase (JNK). Indeed, TNF- $\alpha$  was found to trigger JNK activation (by facilitating its phosphorylation) (Gao et al., 2009) and p-JNK was found to be specifically restricted to a subset of (about 30% of) astroglia (although DRG neurons also showed enhanced JNK phosphorylation) after spinal nerve ligation (Zhuang et al., 2006). Importantly, inhibition of JNK phosphorylation in the spinal cord, but not in the DRG, strongly attenuated pain hypersensitivity (Zhuang et al., 2006). Subsequent investigations convincingly showed that JNK phosphorylation in astroglia results in up-regulation of CCL-2, which can potentiate excitatory neurotransmitter signaling in dorsal horn neurons (Gao et al., 2009). Blood-derived macrophages and microglial cells resident in the spinal cord display constitutive expression of CCR2 (Abbadie et al., 2003; Zhang et al., 2007b). Nerve injured CCR2-deficient mice were indeed found to be impaired in the activation/phosphorylation of p38 MAPK (Abbadie et al., 2003), which is restricted to microglial cells after nerve injury (Ji et al., 2006). Phosphorylation of p38 itself is an essential process in the development of neuropathic hypersensitivity (Tsuda et al., 2004). In conclusion, CCL-2/CCR2 signaling may modulate the processing of noxious and innocuous stimuli at the level of both DRG and spinal cord, resulting in pain hypersensitivity.

The fractalkine receptor (CX3CR1) also plays a critical role in pain hypersensitivity following peripheral nerve injury. Daily intrathecal administration of antibodies against CX3CR1 could largely prevent, but also reverse pain hypersensitivity in a CCI model of neuropathic pain (Milligan et al., 2004). Moreover, mice lacking CX3CR1 were largely impaired in the development of pain hypersensitivity following partial sciatic nerve injury (Staniland et al., 2010). CX3CR1 is primarily expressed by spinal microglial cells, while its ligand fractalkine (CX3CL1) is expressed in a membrane-bound form by dorsal horn neurons (Clark et al., 2009), but peripheral nerve injury also induces CX3CL1 expression in spinal astrocytes (Lindia et al., 2005). Spinal levels of soluble CX3CL1 is strongly increased at 7 days after partial sciatic nerve ligation, but a detailed temporal profile of this increase is unknown to date (Clark et al., 2009). Cleavage of membrane-bound CX3CL1 requires the microglial lysosomal cysteine protease cathepsin-S (Clark et al., 2009). Pharmacological blockade of this protease could partly reverse pain hypersensitivity after partial sciatic nerve ligation (Clark et al., 2007). CX3CL1 has been reported to induce hyperactivity of WDR neurons to mechanical stimuli (Owolabi and Saab, 2006), although this phenomenon does not seem to be a direct effect of CX3CL1 on spinal neurons (Zhuang et al., 2007). Possibly, CX3CL1 induces intracellular processes in microglial cells expressing the CX3CR1, which triggers the release of neuromodulatory substances.

### 6.6.3. Purinoceptors

Spinal glia furthermore express purinoceptors, which can be divided into a group of ionotropic receptors (P2X receptors) and a group of metabotropic receptors (P1 and P2Y receptors) activated by adenosine, ATP or other nucleotides. The

expression of P2Y12 (sensitive to nucleotides) on microglia was found to be required for microglial motility (Haynes et al., 2006; Honda et al., 2001; Wu et al., 2007), which is a vital characteristic of microglia when screening the local environment (Davalos et al., 2005). Interference with P2Y12 expression or activation was found to decrease microglial motility and at the same time impair mechanical hypersensitivity following spinal nerve injury (Kobayashi et al., 2008; Tozaki-Saitoh et al., 2008).

Of the P2X receptors, P2X3, P2X4, and P2X7 were shown to be of particular relevance to painful neuropathies. The P2X3 receptor is an ATP-sensitive cation-permeable ion channel and it is expressed predominantly in the DRG by satellite cells and DRG neurons, particularly small-sized neurons express P2X3 (Novakovic et al., 1999; Wang et al., 2003). Spinal P2X3 expression originates from central terminals of primary afferents innervating the superficial dorsal horn (Novakovic et al., 1999). Pharmacological interference with P2X3 receptors (using intrathecal antisense oligonucleotide treatment) was reported to largely prevent the development of pain hypersensitivity following partial sciatic nerve injury, while established pain hypersensitivity could be partly reversed (Barclay et al., 2002; Honore et al., 2002). The mode-of-action in which P2X3 receptor activation influences the processing of noxious and/or innocuous stimuli remains unclear to date.

Also, the P2X7 receptor has been linked to neuropathic pain. Indeed, mice lacking the P2X7 receptor do not develop pain hypersensitivity following partial sciatic nerve ligation (Chessell et al., 2005) and established pain hypersensitivity could be reversed by systemic delivery of a P2X7 receptor antagonist (A-438079) in several models of peripheral nerve injury (McGarraughty et al., 2007). The P2X7 receptor is expressed primarily on microglial cells in the spinal cord and its activation is known to affect the processing and release of the pro-inflammatory cytokine IL-1 $\beta$  (Ferrari et al., 2006). Indeed, a recent investigation showed that P2X7 was required for microglial release of IL-1 $\beta$  upon stimulation of TLR4 (Clark et al., 2010). Moreover, microglial cathepsin-S release (as discussed in the previous section) was recently reported to require P2X7 receptors (Clark et al., 2011). Hence, P2X7 receptors may be rooted in multiple ways within the pathological mechanisms underlying pain hypersensitivity.

The P2X4 receptor is an ATP-sensitive cation-permeable ion channel (Kawate et al., 2009) and is strongly up-regulated in microglia following peripheral nerve injury (Tsuda et al., 2003). Several lines of evidence show its relevance to pain hypersensitivity: (1) intrathecal delivery of ATP-treated P2X4-expressing microglial cells induces a transition of NS neurons into WDR neurons in the spinal dorsal horn (Keller et al., 2007) and pain hypersensitivity in naïve rats (Tsuda et al., 2003), (2) pharmacological interference with P2X4 impairs the development of nerve-injury-induced mechanical hypersensitivity (Tsuda et al., 2003), and (3) pain hypersensitivity is markedly blunted following peripheral nerve injury in mice lacking P2X4 (Tsuda et al., 2009). It is now known that P2X4 receptor signaling and subsequent activation of p38 (by its phosphorylation) is required for BDNF release by microglial cells (Trang et al., 2009; Ullrich, 2007). BDNF signaling (via its receptor tyrosine-kinase type B (trkB)), in turn, was reported to trigger a shift in the anion-gradient leading to GABA-mediated

disinhibition at the level of the spinal cord (Coull et al., 2005) (as described in the section ‘Spinal disinhibition as a therapeutic target’). In line with these data, pain hypersensitivity following peripheral nerve injury is not only attenuated by inhibition of P2X4 (Tsuda et al., 2003), but also by interference with p-p38 (Tsuda et al., 2004) and trkB (Coull et al., 2005). Spinal P2X4 up-regulation is present for at least two weeks after peripheral nerve injury. A few studies have focused on the elucidation of further molecular pathways upstream of P2X4 expression. The extracellular matrix (ECM) protein fibronectin, acting through its integrin receptor, triggers a src kinase called Lyn (Tsuda et al., 2008b), which is important for nerve injury-induced up-regulation of P2X4 receptors in microglia (Tsuda et al., 2008a). Fibronectin levels have furthermore been found to increase in the spinal dorsal horn following nerve injury (Nasu-Tada et al., 2006). It has been suggested that the increased spinal fibronectin levels originate from blood plasma via a leaking blood-spinal-cord-barrier (BSCB). This suggestion gains significant importance with respect to the chronic nature of neuropathic pain bearing in mind that a compromised BSCB can be present up to weeks or months following nerve injury (Beggs et al., 2010; Gordh et al., 2006). Although it remains largely unclear why the BSCB is leaking following peripheral nerve injury, recent investigations show that experimental stimulation of C fibers can induce a leaking BSCB (Beggs et al., 2010). Hence, local anesthetics which decrease neuronal activity might attenuate pain hypersensitivity following nerve injury by a wide range of actions including beneficial effects on the integrity of the BSCB.

A recent investigation showed that ATP-induced calcium currents via rodent and human P2X4 receptors could be strongly inhibited using antidepressants such as the SSRI paroxetine (Nagata et al., 2009). As such, the anti-pain effect of antidepressants in neuropathic pain may be partly explained by their effect on purinoceptor function. Although purinergic receptors may represent an interesting novel target for management of neuropathic pain, antagonist drugs for purinergic receptors are still largely unspecific and are rapidly degraded (Jarvis, 2010).

#### 6.6.4. Glutamate transporters

Excessive glutamatergic signaling is considered fundamental to many neuropathological processes following peripheral nerve injury, including central sensitization. Impaired glutamate homeostasis through decreased protein expression and activity of glutamate transporters (GT) was already evidenced in several models of peripheral nerve injury, such as CCI (Cavaliere et al., 2007; Sung et al., 2003), spared nerve injury (Mao and Yang, 2010; Mirzaei et al., 2010) or partial sciatic nerve ligation (Nie et al., 2010; Xin et al., 2009). GT indeed play a key role in controlling excitatory transmission through active clearance of extracellular glutamate. This role is mainly ensured by astrocytes, strategically surrounding synapses of communicating neurons, via the expression of 2 types of functional GT: GLAST (glutamate-aspartate transporter) and GLT-1 (glutamate transporter-1). Both were found to be down-regulated in the spinal cord for at least two weeks after an initial up-regulation induced by a peripheral nerve injury (Mirzaei et al., 2010; Nie et al., 2010; Sung et al., 2003). Treatment with riluzole, an activator of GT

activity, or with ceftriaxone, a drug which specifically up-regulates GLT-1 protein expression and function, could largely prevent the development of pain hypersensitivity following CCI and partly reversed established CCI-induced pain hypersensitivity (Hu et al., 2010; Sung et al., 2003). It should be noted however, that riluzole is a broad-spectrum drug which does not only affect GT, but possibly the NMDA receptor and voltage-gated sodium channels (Doble, 1996). Although nerve injury causes GT down-regulation, a recent investigation showed that GLAST and GLT-1 protein expression, which is normally restricted to astroglial cells in the spinal cord (Rothstein et al., 1996) is actually induced in microglial cells following partial sciatic nerve ligation (Xin et al., 2009). However, GT expression and glutamate uptake by microglial cells does not seem to play an important role in regulating glutamate handling, but rather aims at allowing microglia to synthesize glutathione, the main CNS antioxidant. In order to synthesize glutathione, microglia take up cystine in exchange of glutamate using the  $X_c^-$  antiporter system (Persson et al., 2006). As glutamate is released extracellularly in this process, microglial cells do not serve as real glutamate buffers.

#### 6.7. Broad-spectrum immunomodulatory drugs

The complex nature of the neuroinflammatory response may provide plentiful therapeutic targets for neuropathic pain management. Indeed, a variety of non-specific anti-inflammatory substances has been proven to be therapeutically effective in animal models of neuropathic pain. Some of these substances have been reported to both attenuate the development of pain hypersensitivity and reverse established pain hypersensitivity (e.g. propentofylline) (Raghavendra et al., 2003b; Sweitzer et al., 2001b). Other substances were only found to attenuate the development of pain hypersensitivity (e.g. minocycline) (Raghavendra et al., 2003a). Propentofylline (glial cell modulator SLC022, Solace Pharmaceuticals) is about to enter a randomized, double-blind, placebo-controlled clinical trial in which its oral administration will be tested in treatment of post-herpetic neuralgia patients. Also, the glial modulator AV411 (ibudilast), which has many mechanisms-of-action, was found to attenuate pain hypersensitivity after CCI in the rat (Ledebøer et al., 2006). A phase I and phase II double-blind, randomized, placebo-controlled, clinical trial on the safety, tolerability, pharmacokinetics and preliminary efficacy of AV411 in diabetic polyneuropathy patients has been completed, but results are not yet published. Besides glial inhibition also other immunomodulatory drugs are under investigation. For instance, inhibition of cyclooxygenase (COX) has been reported to have beneficial effects on pain hypersensitivity following CCI (De Vry et al., 2004). Soon, the COX-inhibitor etoricoxib will be tested for its efficacy in patients with neuropathic pain with and without peripheral hyperalgesia in a randomized, placebo-controlled, double-blind phase II clinical trial (see <http://clinicaltrials.gov/>).

#### 6.8. Novel approaches to achieve anti-inflammatory effects

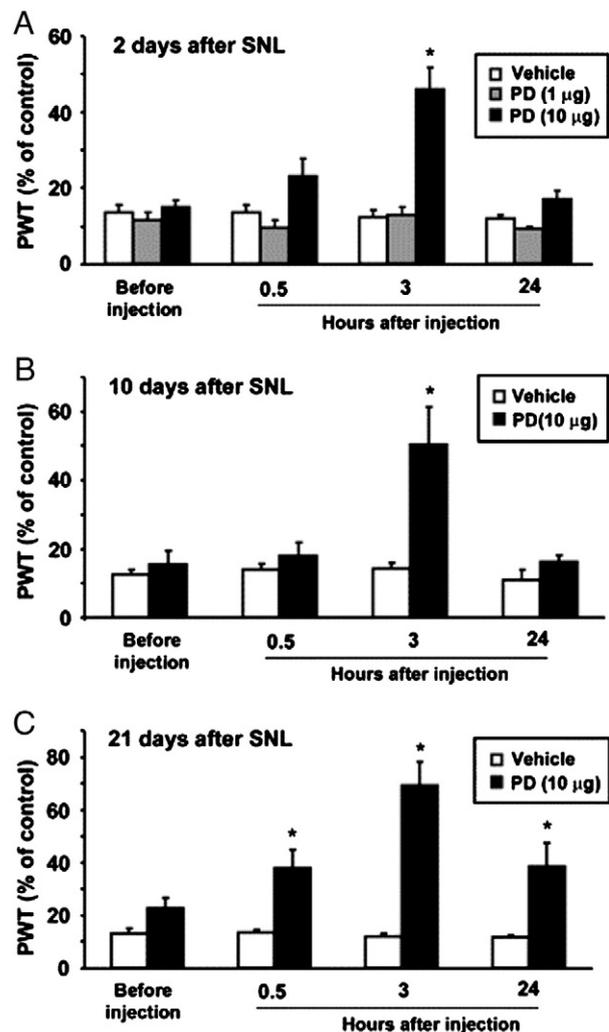
Anti-inflammatory effects may also be achieved using drugs which interfere with cellular and/or molecular drives of

neuroinflammation, and in particular glial responses to nerve injury. A first drive of glial responses to peripheral nerve injury involves neuronal activity such as ectopia. Blocking of ectopia by applying the local anesthetic bupivacaine or tetrodotoxin, a blocker of many sodium-channels to the injured nerve or DRG was found to prevent glial responses to peripheral nerve injury in DRG and/or spinal cord (Wen et al., 2007; Xie et al., 2009). Once established, glial responses could be also be reversed by repetitive intrathecal treatment with the local anesthetic ropivacaine (Toda et al., 2011). Especially A fiber activity showed to be a trigger of microglial responses (Suter et al., 2009). However, not only peripheral fiber activity, but also dorsal horn neuronal activity influences glial responses to nerve injury. Treatment with MK-801, an NMDA receptor blocker, has been found to prevent increased GFAP protein expression in the spinal cord after CCI (Garrison et al., 1994). Additionally, treatment with anti-sense oligonucleotides against the early neuronal activation protein c-fos suppressed GFAP up-regulation following spinal nerve ligation (Wang et al., 2009). Although the mechanisms in which neuronal activity can trigger glial responses are mostly unexplored, a recent investigation using a CCI model of neuropathic pain showed that repetitive treatment with local anesthetics blocked microglial and astroglial responses by an NGF-dependent and an NGF-independent mechanism, respectively (Toda et al., 2011). Also, an activity-dependent CCL-2/CCR2-mechanism of microglial responses to nerve injury has been proposed, based on findings that (1) microglial cells require the CCR2 receptor for a full-blown response to peripheral nerve injury and (2) calcium-dependent CCL-2 release by primary afferent fibers can be triggered after nerve injury.

A second drive of glial responses to nerve injury involves inflammatory processes themselves. Indeed, astroglial responses, which are typically associated with maintenance of neuropathic pain (Ji et al., 2006), are considered to be at least partly triggered by microglial responses. Indeed, astroglial responses (e.g. GFAP up-regulation) to nerve injury could also be attenuated when microglial responses were pharmacologically inhibited using minocycline (Raghavendra et al., 2003a). Moreover, altered protein expression of glutamate receptors and glutamate transporters in astroglial cultures can be triggered by microglial 'response states' (Tilleux et al., 2007, 2009; Tilleux and Hermans, 2008), possibly via the action of cytokines. Microglial expression of IL-18 has been identified as an important trigger of the astroglial response to peripheral nerve injury (Miyoshi et al., 2008). Interference with signaling between microglial IL-18 and IL-18 receptor on astroglia largely prevented GFAP up-regulation and mechanical hypersensitivity following peripheral nerve injury (Miyoshi et al., 2008). However, it is known that astroglial responses after nerve injury do not necessarily require microglial responses. Root avulsion typically results in astroglial responses in the absence of clear microglial responses (Colburn et al., 1999; Scholz et al., 2008).

Many pain-related inflammatory mechanisms following nerve injury converge on the same intracellular signaling cascades. MAPK pathways are heavily implicated in neuropathic pain (Ji et al., 2009). Upon nerve injury, the three main families of MAPK; JNK, p38, and ERK are differentially

activated by phosphorylation in various cell types. While, JNK and p38 are selectively phosphorylated in astroglial cells and microglial cells, respectively, phosphorylation of ERK is time-and-cell specific (Ji et al., 2006). Within hours after spinal nerve ligation, phospho-ERK is detected in neurons present in the superficial dorsal horn; followed by a predominant microglial expression in the first few days and a gradual shift in this expression to astroglial cells (Zhuang et al., 2005). Pharmacological interference with the several MAPK is effective in preventing the onset but also reversing already established pain hypersensitivity (Tsuda et al., 2004; Zhuang et al., 2005, 2006) (Fig. 3). Of note, these anti-pain effects may not be exclusively mediated by inhibition with spinal MAPK phosphorylation. Indeed, DRG neurons also regulate MAPK



**Fig. 3** – ERK activation contributes to neuropathic pain. A single injection of MEK (ERK kinase) inhibitor PD98059 (10 µg) into lumbar CSF space decreases spinal nerve ligation-induced mechanical allodynia at Day 2 (A), 10 (B), and 21 (C). The data are expressed as % of pre-SNL baseline mechanical threshold ( $10.3 \pm 0.6$  g,  $n=26$ ). The mechanical allodynia was tested at 0.5, 3, and 24 h after the drug injection. Low dose of PD98059 (1 µg) has no effect. \* $p < 0.01$ , compared to corresponding vehicle controls (20% DMSO),  $n=6-8$ .

Adapted from Zhuang et al. (2005) with permission.

following nerve injury and drugs interfering with MAPK are often administered intrathecally, thereby having free access to the DRG (Jin et al., 2003; Schafers et al., 2003b; Xu et al., 2007). Three p38 MAPK inhibitors are currently in clinical trials. First, a double-blind, placebo controlled phase II clinical trial has recently been completed for a p38 MAPK inhibitor (SB-681323; GlaxoSmithKline) in patients with peripheral neuropathic pain. Second, a multi-center, randomized, double-blind, placebo-controlled phase IIA clinical trial for the p38 inhibitor PH-797804 (Pfizer) in post-herpetic neuralgia has been completed. Third, a randomized, double-blind phase II study to evaluate the safety and efficacy of a p38 MAPK inhibitor (GW856553; GlaxoSmithKline) in subjects with painful lumbosacral radiculopathy has recently been completed. This same drug is currently being tested in a second randomized, double-blind phase II trial to evaluate its efficacy in subjects with peripheral neuropathic pain (see <http://clinicaltrials.gov/>).

Pro-inflammatory cytokines are a direct cause of pain hypersensitivity, but can only contribute to this phenomenon when being activated. Here, cleavage of a pro-peptide, which activates the cytokine, is essentially mediated by proteolytic enzymes. An extracellular protease called tissue type plasminogen activator (tPA) was found to be expressed by astrocytes in the spinal dorsal horn for at least two weeks after spinal root ligation (Kozai et al., 2007). Intrathecal delivery of a specific tPA inhibitor fully blocked the development of mechanical hypersensitivity, while it also reversed established pain behavior when treatment was started at five but not at ten days after injury (Kozai et al., 2007). Of note, it cannot be ruled out that tPA activity in the DRG is (partly) involved in these reported anti-pain effects. Targeting proteases as a treatment of neuropathic pain requires detailed knowledge about the time-window in which such enzymes are responsible for activating cytokines. Indeed, it was shown that proteolytic cleavage of pro-IL-1 $\beta$  is mediated by different matrix-metalloproteases (MMP) over time after spinal nerve ligation (Kawasaki et al., 2008a). While MMP-9, primarily expressed by DRG neurons, mediates pro-IL-1 $\beta$  cleavage within the first days after spinal nerve ligation, MMP-2, expressed by satellite glial cells in the DRG and by astrocytes in the spinal dorsal horn, mediates this process from about one week after injury onwards (Kawasaki et al., 2008a). Besides prevention of the activation of pro-inflammatory cytokines, the cytokines themselves can be blocked. Blocking can be achieved by several pharmacological approaches of which the (soluble) TNF decoy receptor etanercept (which traps TNF- $\alpha$ ) and IL-1 $\beta$  receptor antagonists (Kato et al., 2009; Schafers et al., 2003b; Sweitzer et al., 2001a) are most described and (alone or in combination) are effective in experimental treatment of neuropathy-induced pain hypersensitivity. Also a clinical phase I and phase II trial have recently been completed on the use of epidural etanercept in treatment of peripheral neuropathic pain (sciatica) (see <http://clinicaltrials.gov/>).

## 7. Therapeutic approaches for spinal cord injury pain

Several excellent reviews have previously addressed the currently used medicinal approaches to treat spinal cord

injury pain (Finnerup and Jensen, 2004; Finnerup et al., 2010; Teasell et al., 2010). Evidence shows that local anesthetics, ketamine, and opioids as well as anti-epileptics such as gabapentin and pregabalin benefit spinal cord injury patients with pain, and more clinical trials are currently ongoing or planned (see <http://clinicaltrials.gov/>). However, an increasing knowledge about the cellular and molecular mechanisms involved in pain hypersensitivity following spinal cord injury (Hulsebosch et al., 2009), allows us here to focus on novel, often still experimental, mechanism-based interventional approaches to treat spinal cord injury-induced neuropathic pain. Many of the mechanisms contributing to an increase in the input to dorsal horn neurons following spinal cord injury are similar to those discussed in the sections on peripheral neuropathic pain.

### 7.1. Treating hyperactivity of central neurons and ectopia

Spontaneous (non-evoked) neuronal activity has been reported to occur within the human dorsal horn after spinal cord injury (Loeser et al., 1968). Moreover, rodent studies have shown that WDR neurons in the spinal cord as well as thalamic neurons show hyperactivity to noxious and innocuous input, a phenomenon which depends on the voltage-operated sodium channel Na $_v$ 1.3 (Hains et al., 2003a; Hains et al., 2005). When anti-sense oligonucleotides against this sodium channel were administered in the lumbar intrathecal space at four weeks after thoracic spinal cord injury in the rat, hyperactivity of spinal and thalamic neurons to noxious and innocuous input was reduced and pain hypersensitivity was attenuated (Hains et al., 2003a, 2005); these effects were lost when treatment was ceased.

In an animal model of thoracic spinal cord injury, cervical and lumbar DRG neurons were also found to display ectopia; these cells included neurons of the C fiber population as evidenced by IB4 binding-affinity and capsaicin-sensitivity (Bedi et al., 2010). The ectopia was found to originate immediately proximal to the DRG and persist for at least 8 months after induction of spinal cord injury (Bedi et al., 2010). The finding of spontaneously active DRG neurons is suggestive of a novel and exciting concept that central nerve injury has retrograde effects on peripheral neurons, which may then act to provide a positive feedback of re-sensitization of the CNS. As such, the use of local anesthetics might have beneficial effects in management of SCI-induced pain hypersensitivity. Indeed, a case-report showed that relief of at-level neuropathic pain could be achieved using topical lidocaine in a patient with thoracic spinal cord injury (Wasner et al., 2007).

### 7.2. Peripheral sensitization as a therapeutic target

Besides displaying ectopia, cervical DRG neurons have also been reported to show hyperexcitability to mechanical and thermal stimuli after experimental thoracic spinal cord injury (Carlton et al., 2009). This hyperexcitability was also observed in the peripheral nerve branches after these were disconnected from DRG and spinal cord, thus suggesting an intrinsic molecular change in the fibers themselves as being the consequence of the hyperexcitability (Carlton et al., 2009). However, since the molecular and/or cellular mechanisms for

this phenomenon remain unknown at this stage (Hulsebosch et al., 2009), related therapeutic options are not being currently considered.

### 7.3. Structural plasticity as a therapeutic target

Spinal cord injury-induced structural plasticity within the nociceptive system is a very likely mechanism of pain hypersensitivity. As mentioned in the earlier section ‘Therapeutic approaches in painful peripheral neuropathies’, GAP-43 is considered a marker of neuronal plasticity such as fiber sprouting. Experimental spinal cord injury is known to trigger an increased GAP-43 protein expression between days and weeks after injury (Christensen and Hulsebosch, 1997a). This expression is observed in many locations, but is most prominent in the superficial dorsal horn and can extend over several segments of the spinal cord (see also Christensen and Hulsebosch, 1997b). GAP-43 expression occurs in peptidergic fibers, most likely of the C fiber population, as GAP-43 colocalizes with CGRP (Christensen and Hulsebosch, 1997a). Inhibition of CGRP via intrathecal delivery of the highly selective CGRP receptor antagonist CGRP<sub>8–37</sub> resulted in reversal of established pain hypersensitivity when administered four weeks after injury (Bennett et al., 2000). As peptidergic C fibers express the receptor trkC (Hunt and Mantyh, 2001), their sprouting responses may be mediated by enhanced levels of NGF, a factor being produced by inflammatory cells (such as microglia) upon spinal injury (Krenz and Weaver, 2000). Indeed, NGF can induce sprouting of nociceptive fibers (Romero et al., 2001; Tang et al., 2004) and delivery of anti-NGF antibodies for two weeks after spinal cord injury resulted in a significant attenuation of CGRP fiber sprouting in the spinal dorsal horn (Christensen and Hulsebosch, 1997a). Besides neurotrophin expression, also other molecules have been linked to CGRP fiber sprouting following spinal cord injury including the cell adhesion molecule L1 (Deumens et al., 2007). Structural changes following spinal cord injury are possibly long lasting as GAP-43 expression in sprouting fibers is likely followed by the formation of new synaptic contacts, just as observed during neurodevelopment (Fitzgerald et al., 1991).

The issue of undesired sprouting of nociceptive fibers following spinal cord injury is particularly relevant in light of current experimental therapies for spinal cord injury which aim to enhance plasticity in severed motor fibers (for improved motor outcome). A therapy which induces significant motor outcome but elicits or enhances pain hypersensitivity due to the provocation of non-specific fiber sprouting is doomed to fail (Deumens et al., 2008). An elegant study by Christoph Hofstetter et al. (2005) showed that transplantation of adult neural stem cells into a contused rat spinal cord only showed beneficial effects on motor outcome and pain hypersensitivity when these stem cells were pre-destined to enter a non-astroglial lineage upon transplantation. This effect was achieved by genetically modifying the stem cells (transduction with neurogenin-2) before transplantation. Transplantation of non-modified stem cells was found to induce pain hypersensitivity, an effect which was considered to depend on CGRP fiber sprouting in the dorsal horn, possibly mediated by a predominant astroglial differentiation of transplanted stem cells (Hofstetter et al., 2005). A later study

showed that induction of pain hypersensitivity is specifically dependent on the astroglial subtype (Davies et al., 2008). Induction of pain hypersensitivity by cell grafting into injured spinal cords is not specific to stem cell grafts or astrocytes, however. Also other cell types including olfactory ensheathing cells, which are enthusiastically used in regeneration studies on experimentally injured spinal cords (Deumens et al., 2006a, 2006b; Li et al., 1997; Raisman, 2001; Ramon-Cueto et al., 2000), have been suggested to elicit pain hypersensitivity (Richter et al., 2005). This observation is even more relevant since transplantation of autologous olfactory ensheathing cells has already made it to clinical trials (Mackay-Sim et al., 2008). Another open-label phase I clinical trial is currently recruiting participants for transplantation of autologous olfactory ensheathing cells in treatment of complete human spinal cord injuries. Also, several phase I and phase II clinical trials have just been completed in which spinally injured patients were treated with autologous bone marrow stromal cells or mesenchymal stem cells, and one such study is currently recruiting participants (see <http://clinicaltrials.gov/>). With respect to regenerative approaches to treat the injured spinal cord, it should be noted that the various fiber tracts each have their specific requirements for regeneration, strongly depending on the repertoire of receptor proteins expressed (Deumens et al., 2005). Hence, specific induction of plasticity in motor fibers may be feasible for regenerative approaches to treat the injured spinal cord.

Besides structural plasticity in primary afferent fibers after experimental spinal cord injury, dendritic re-modeling of WDR neurons in the lumbar spinal cord has been reported several weeks after thoracic spinal cord injury in the rat (Tan et al., 2008). Such structural changes may heavily impact on the processing of noxious and innocuous signals (Tan et al., 2009). An intracellular small GTP-binding protein, Rac1, was found to be a vital player in this re-modeling. The documented injury-induced increase in the density of dendritic spines, enhanced maturity of these spines, as well as the associated neuronal hyperactivity to incoming signals and pain hypersensitivity were strongly attenuated when the Rac1-specific inhibitor NSC23777 was administered intrathecally at four weeks after injury (Tan et al., 2008). This latter study by the group of Bryan Hains, thus suggests that unwanted structural changes are to some extent reversible and hence offers the option of therapeutic approaches to antagonize such effects besides preventive approaches.

### 7.4. Treatment of spinal disinhibition

As mentioned in the earlier section ‘Therapeutic approaches in painful peripheral neuropathies’, spinal nociceptive processing is modulated via non-segmental and segmental systems. The serotonergic (5-HT) system is a main non-segmental system modulating nociceptive signaling (Suzuki et al., 2004). 5-HT innervations are decreased below spinal cord injury sites and this denervation is thought to partly explain the hyperactive state of dorsal horn neurons and, thus, spinal cord injury-induced pain hypersensitivity (Hains et al., 2002, 2003b). Administering a rat neuronal cell line synthesizing and releasing 5-HT into the lumbar intrathecal space at four weeks after spinal cord hemisection injury reversed

mechanical and thermal hypersensitivity (Hains et al., 2001a). Chronic pharmacological interference with the serotonergic system (using a 5-HT<sub>1A</sub> receptor agonist) was also found to attenuate pain hypersensitivity after photochemically-induced spinal cord injury, when this intervention was commenced pre-emptively (Wu et al., 2003).

The GABAergic system is a main segmental system, which is compromised following spinal cord injury (Gwak and Hulsebosch, 2011). The malfunctioning of the GABAergic system has been explained by (1) apoptosis of GABAergic interneurons in the superficial spinal dorsal horn below the spinal level of injury (Meisner et al., 2010), (2) a down-regulation in the expression of the rate-limiting enzymes in GABA synthesis, GAD-65 and GAD-67, which has been reported to occur for at least six weeks following spinal cord contusion in the rat (Meisner et al., 2010), and (3) excitatory rather than inhibitory GABA-induced currents (Price et al., 2005).

A gene therapy has been employed in a rat model of spinal cord hemisection to increase GABA protein levels. Transduction of lumbar DRG neurons with a viral vector encoding human GAD-67 partly reversed below-level pain hypersensitivity, an effect which could be blocked using the GABA<sub>A</sub> receptor-selective and GABA<sub>B</sub> receptor selective antagonists bicuculline and phaclofen, respectively (Liu et al., 2004). Interestingly, the spinal cord injury-induced down-regulation of spinal GAD-65 protein expression has also been successfully prevented using intrathecal treatment with the glial modulator propentofylline (Gwak et al., 2008).

As already discussed in the section on ‘Therapeutic approaches in painful peripheral neuropathies’, changes in the expression of the two cation-chloride co-transporters NKCC1 and KCC2 can dramatically affect the effects of GABA-binding to the GABA<sub>A</sub> receptor. As in peripheral neuropathies, also spinal cord injury has been reported to trigger a down-regulation in the expression of the potassium-chloride co-transporter KCC2 at and below the spinal level of injury (Boulenguez et al., 2010; Cramer et al., 2008); a phenomenon also observed in the spinal dorsal horn (Boulenguez et al., 2010; Lu et al., 2008). KCC2 is responsible for transporting chloride out of the cell, while the sodium-potassium-chloride co-transporter NKCC1 takes part in transportation of chloride into the cell. Since spinal cord injury also induces an up-regulation of NKCC1 at the spinal lesion site (Cramer et al., 2008), intracellular chloride levels will be increased (Hasbargen et al., 2010). These molecular changes are thought to underlie the positive shift of GABA-induced currents as observed in the superficial dorsal horn after spinal cord injury (Lu et al., 2008). The injury-induced regulation of NKCC1 and KCC2 was observed at two weeks after spinal cord injury, and may hence participate in the pain hypersensitivity observed at that time point (Cramer et al., 2008). A single intraperitoneal injection with bumetanide, a potent NKCC1 inhibitor, significantly reversed thermal hypersensitivity already at 1 h after the drug injection (Cramer et al., 2008). Although these data are promising and may open new therapeutic opportunities for management of neuropathic pain, the data do not necessarily imply that GABA only has a pain-enhancing mode of action after spinal cord injury. Indeed, it has been shown that intrathecal bolus injections of GABA reduced spinal cord injury-induced hyperactivity of WDR neurons to incoming signals and reversed established pain hypersensitiv-

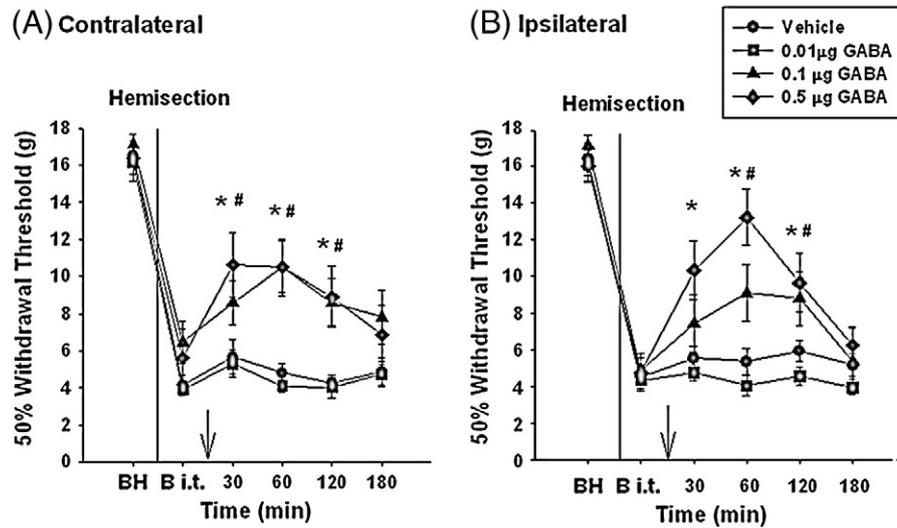
ity below the spinal level of injury (Gwak et al., 2008) (Fig. 4). Also, intrathecal transplantation with a human neuronal cell line (synthesizing and secreting GABA) at two weeks after an excitotoxic injury of the rat spinal cord completely reversed established mechanically-induced and thermally-induced pain hypersensitivity (Eaton et al., 2007; Eaton and Wolfe, 2009). Despite of the fact that these promising findings could be reproduced with a human cell line (Eaton et al., 2007; Eaton and Wolfe, 2009), the clinical feasibility of cell transplantation remains unclear as it is highly invasive and potential adverse side-effects are only poorly described. Clinical trials have not yet been initiated to the best of our knowledge.

## 7.5. Modulation of the neuroinflammatory response

Spinal cord injury induces a very rapid inflammatory response, which is characterized by responses of immuno-competent cells resident in the spinal tissue, such as microglia and astrocytes, but also by the infiltration of blood-borne immune cells due to a disrupted BSCB (Donnelly and Popovich, 2008). Glial responses extend over time several segments distant from the spinal injury site, both rostrally and caudally (Detloff et al., 2008). The introduction of the term ‘gliopathy’ in the field of spinal cord injury highlights the persistent nature of these neuropathy-induced glial responses (Hulsebosch, 2008). The molecular character of the glial responses mediating spinal cord injury pain is being increasingly explored.

### 7.5.1. Chemokine receptors

Within the neuron-to-glia communication triggering neuroinflammatory responses after experimental spinal cord injury, CCL21 has been shown to play a key role. CCL21 release, previously associated with neuronal injury (de Jong et al., 2005), was found to be elevated in the lumbar dorsal horn and in the ventro-postero-lateral nucleus of the thalamus at 4 weeks after spinal cord contusion (Zhao et al., 2007b). CCL21 protein expression was predominantly found to be neuronal, while its receptor is expressed by microglial cells (Rappert et al., 2002). Importantly, it was found that thalamic CCL21 expression could be induced by unilateral stimulation of the spinothalamic tract in normal rats, suggesting that a pathologically-enhanced neuronal activity in this tract may cause thalamic CCL21 expression after spinal cord injury (Zhao et al., 2007b). Blocking of thalamic CCL21 by injecting antibodies against CCL21 directly into the ventro-postero-lateral nucleus of the thalamus reduced the hyperactivity of thalamic neurons to incoming signals and reversed below-level pain hypersensitivity; these effects were lost when treatment was stopped (Zhao et al., 2007b). The hyperactivity of thalamic neurons and lumbar spinal cord neurons to incoming signals observed after thoracic spinal cord injury is thought to be mediated by an indirect effect of CCL21 on microglial cells. Thalamic and lumbar dorsal horn microglial responses to thoracic spinal cord injury involve the production of prostaglandin E2 (PGE2) by microglia, via an ERK-dependent mechanism (Zhao et al., 2007a). It has been proposed that microglial PGE2 binding to the prostaglandin receptor E-prostanoid 2 (EP2) on spinal neurons is at least partly responsible for the hyperactivity of WDR neurons to incoming signals (Zhao et al., 2007a). Pharmacological interference with



**Fig. 4 – Intrathecal spinal administration of GABA immediately after SCI attenuates mechanical allodynia measured 28 days later. Unilateral SCI ( $n=5$ ) results in bilateral mechanical allodynia on the contralateral (uninjured side) and the ipsilateral (injured side) hindlimbs compared to pre-injury values before spinal hemisection (BH). On post-operation day 28 (B i.t, before intrathecal administration), intrathecal 0.1 (#) and 0.5 (\*)  $\mu\text{g}$  GABA administration significantly affects the mechanical allodynia on both hindlimbs compared to before intrathecal administration ( $p<0.05$ ). Arrow reflects the time point of intrathecal administration.**

Adapted from Gwak et al. (2008) with permission.

ERK phosphorylation or the EP2 receptor indeed showed that established below-level pain hypersensitivity at four weeks after spinal cord contusion could be reversed (Zhao et al., 2007a). Moreover, inhibition of microglial responses to spinal cord injury using intrathecal minocycline or Mac-1-SAP, a microglial immunotoxin, also significantly reduced spinal PGE2 protein expression, dorsal horn neuron hyperactivity to incoming signals, and below-level pain hypersensitivity (Hains and Waxman, 2006; Zhao et al., 2007a). Lowering spinal PGE2 expression has also been achieved using a cyclooxygenase inhibitor, a treatment which also attenuated pain hypersensitivity (Hains et al., 2001b).

#### 7.5.2. Broad-spectrum immunomodulatory drugs

General anti-inflammatory substances which have proven their therapeutic efficacy in treatment of pain hypersensitivity using animal models of spinal cord injury include propentofylline and minocycline (Gwak et al., 2008; Hains and Waxman, 2006). However, novel insights into the cellular and molecular mechanisms underlying spinal cord injury-induced pain hypersensitivity allow for more specific therapeutic approaches (Hulsebosch et al., 2009). A preventive immunomodulatory approach is not quite feasible in the setting of spinal cord injury. Rather, interference with the rapidly changing nature of the dynamic inflammatory reaction after spinal cord injury (Donnelly and Popovich, 2008) may show its merits in management of pain hypersensitivity.

#### 7.5.3. Novel approaches to achieve anti-inflammatory effects

Anti-inflammatory effects may also be achieved using drugs interfering with cellular and/or molecular drives of neuroinflammation, and in particular glial responses following spinal

cord injury. A first drive of neuroinflammation following injury to the CNS involves intercellular signaling between astroglial cells. Gap junction proteins play an important role in the communication between astroglia. Interference with intercellular astroglial signaling via gap junctions can be achieved using the gap junction decoupler carbenoxolone. Carbenoxolone treatment has been described to prevent microglial responses to laser-induced brain damage (Davalos et al., 2005). Importantly, astroglia are reported to also play a critical role in pain hypersensitivity (Nesic et al., 2005). The functionality of gap junction proteins may be very important in relation to pain hypersensitivity. Indeed, gap junctions are linked to neuropathic pain following peripheral nerve injury (Spataro et al., 2004). A recent investigation showed that intrathecal treatment with carbenoxolone partly prevented the onset of below-level pain hypersensitivity following spinal cord hemisection, but did not reverse this hypersensitivity once established (after 10 days) (Roh et al., 2010). The exact triggers of astroglial responses to spinal cord injury remain largely unknown, although the signaling between cytokines and their receptors on astrocytes may be involved (Pineau et al., 2010) as well as the presence of aquaporins on astrocytes (Kigerl et al., 2007; Nesic et al., 2008). Although some of these molecular changes have been found to prevail up to weeks or even months after spinal cord injury, more investigations are needed to provide a clear profile of these mechanisms in relation to time and place. Moreover, the insights obtained so far support the need for future research to address the role of these molecular pathways in spinal cord injury-induced pain hypersensitivity.

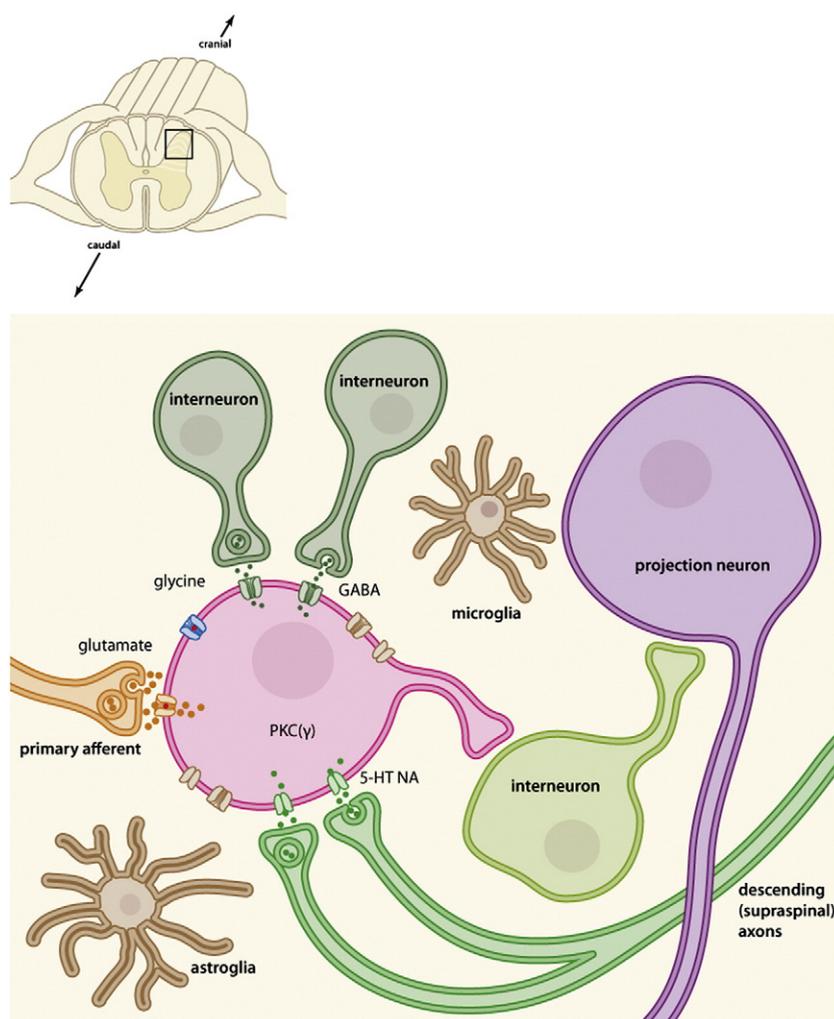
A second drive of neuroinflammation following injury to the spinal cord is the presence of blood-borne leukocytes

penetrating the spinal cord parenchyma via a leaking BSCB (Donnelly and Popovich, 2008). The expression of integrin receptors on the membrane of these leukocytes is important for the extravasation of these cells. Intravenous delivery of a monoclonal antibody against the CD11d/CD18-integrin within two days after spinal cord injury was indeed effective in reducing the amount of neutrophils and macrophages at the injury site at 3 days after injury (Saville et al., 2004). More importantly, mechanical and thermal pain hypersensitivity was reduced for at least 10 weeks after injury (Gris et al., 2004).

Many inflammatory mechanisms following spinal cord injury converge on the intracellular signaling cascade of the MAPK (Ji et al., 2009). Work from the group of Claire Hulsebosch showed that the activation of several MAPK

members closely correlated with the presence of at-level pain hypersensitivity following spinal cord contusion injury (Crown et al., 2006). The about 50% of animals developing at-level pain hypersensitivity showed a strong increase in phosphorylated ERK and p38, which was not observed in the remaining animals who did not develop at-level pain hypersensitivity (Crown et al., 2006). Both neurons and glial cells were found to activate MAPK following spinal cord contusion (Crown et al., 2008). It was further shown that treatment with the p38 MAPK inhibitor SB203580 could completely reverse established at-level pain hypersensitivity (Crown et al., 2008).

The severity of spinal cord injury is considered as one of the predictors for the presence of pain hypersensitivity following contusion injury of the rat spinal cord (Kloos et al., 2005).



**Fig. 5** – Simplified drawing of the superficial dorsal horn in physiological situations. Within the superficial dorsal horn, a silent circuit exists between low-threshold primary afferent fibers which are polysynaptically connected to NS projection neurons. Within this network, interneurons expressing PKC- $\gamma$  play a key role. In physiological conditions, this network is thought to be kept inactive by inhibitory systems including (segmental) GABAergic and/or glycinergic interneurons. Modulation of this circuit may derive not only from segmental systems but also from non-segmental systems such as descending (supraspinal) axons including serotonergic and noradrenergic ones. Moreover, surrounding glial cells are thought to play regulatory roles in neuronal signal transmission with a predominant role for astroglia, which are typically associated with neuronal synapses (not shown). Note that this drawing is an oversimplification and other primary afferent input (such as nociceptive afferent innervations of NS projection neurons) is not indicated. PKC( $\gamma$ ), protein kinase C- $\gamma$ ; GABA,  $\gamma$ -aminobutyric acid; 5-HT, 5-hydroxytryptamine/serotonin; NA, noradrenaline/norepinephrine; NS, nociception-specific.

Art-design: Rogier Trompert, medical illustrator.

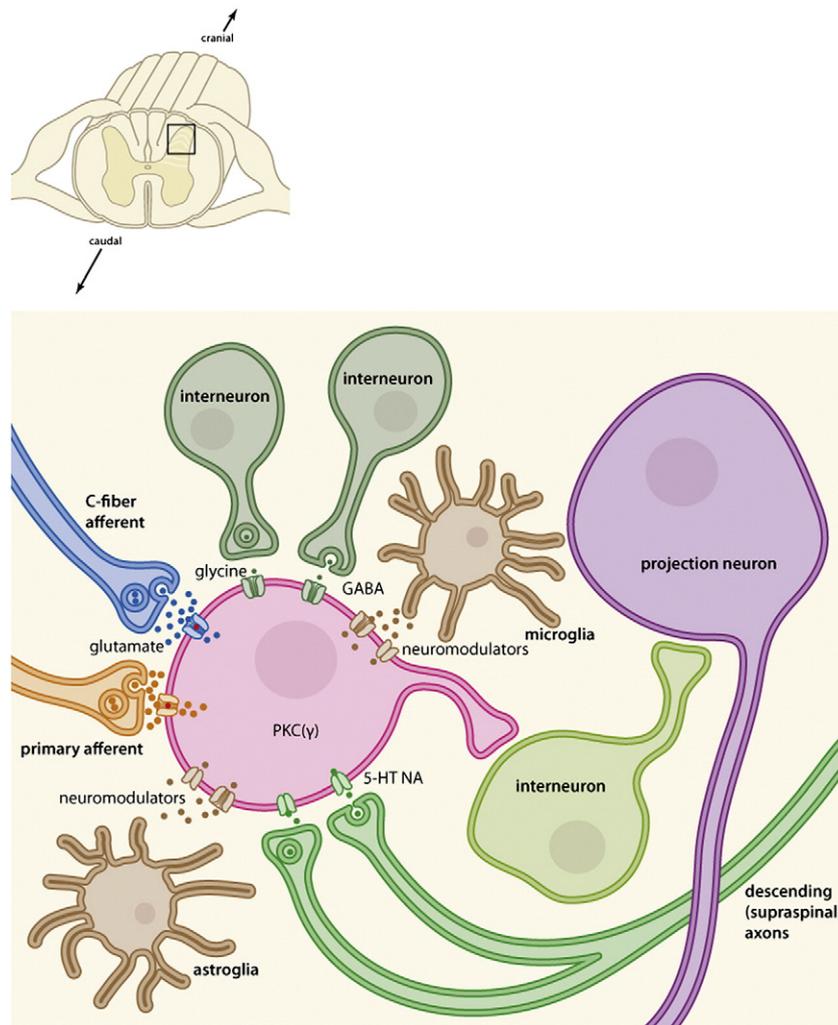
Hence, neuroprotective and immune suppressive therapies enhancing tissue preservation may be particularly relevant to the attenuation of pain hypersensitivity (Koopmans et al., 2009; Nestic et al., 2010; Pacini et al., 2010; Sweitzer and De Leo, 2011; van Neerven et al., 2010).

Finally, drugs specifically interfering with pro-inflammatory cytokines may be of potential benefit to treatment of spinal cord injury pain hypersensitivity. However, the therapeutic window-of-opportunity for such treatments may be limited as cytokines are mainly increased in the early phase after spinal cord injury (Donnelly and Popovich, 2008). The pro-inflammatory cytokine TNF- $\alpha$  has been found necessary in the development of below-level pain hypersensitivity (Peng et al., 2006).

Intrathecal treatment with the TNF decoy receptor etanercept has recently been reported to prevent microglial responses to spinal cord injury and, more importantly, below-level pain hypersensitivity (Marchand et al., 2009). When etanercept treatment was commenced after two weeks, these effects were absent (Marchand et al., 2009).

## 8. Conclusion

A better management of neuropathic pain is most likely within reach with the upcoming view on mechanism-based treatment approaches. Lots of progress are being made in



**Fig. 6** – Simplified drawing of the superficial dorsal horn in neuropathic situations. Neuropathy induced a wide range of pathological changes in the spinal dorsal horn including changes in the activity of primary afferent fibers (e.g. as a result of ectopia), structural changes (e.g. sprouting of primary afferents), disinhibition (malfunctioning segmental as well as non-segmental systems), and the action of neuromodulatory substances (mainly related to inflammatory responses). As a result of these pathological changes, the input to the spinal dorsal horn is substantially changed in favor of excitation, which has substantial effects on the activity as well as excitability of dorsal horn neurons. One of the putative consequences of the enhanced excitation of the spinal dorsal horn is the activation of the normally silent circuit existing between low-threshold primary afferent fibers and NS projection neurons. Activity of this circuit has been proposed to ‘turn touch into pain’. Note that this drawing is an oversimplification and other primary afferent input (such as nociceptive afferent innervations of NS projection neurons) is not indicated. PKC( $\gamma$ ), protein kinase C- $\gamma$ ; GABA,  $\gamma$ -aminobutyric acid; 5-HT, 5-hydroxytryptamine/serotonin; NA, noradrenaline/norepinephrine; NS, nociception-specific.

Art-design: Rogier Trompert, medical illustrator.

filling the many caveats in our knowledge about the persistence of novel and already described cellular and/or molecular mechanisms involved in neuropathy-induced pain hypersensitivity and many potential therapeutic targets have consequently been identified. One of the strengths of a mechanism-based treatment approach is its narrowed-down specificity to pain hypersensitivity, and thus, a decreased risk of side effects. Indeed, less specific drugs may prove to be less efficient in treatment of neuropathic pain than hoped or perhaps even anticipated. As an example, immune suppressant therapies receive more and more attention, but inflammatory processes can have beneficial as well as detrimental effects on the outcome in neuropathies (including effects on pain) (Deumens et al., 2009; Faulkner et al., 2004; Milligan and Watkins, 2009; Myer et al., 2006; Sofroniew, 2009). More detailed knowledge about the specific cells and molecules responsible for pain hypersensitivity will decrease risks on failed clinical trials. If not yet developed, drugs can now be designed that specifically interfere with processes that are causally related to neuropathic pain. Such processes include specific changes in peripheral nociceptors (such as ectopia, peripheral sensitization, phenotypic switching and structural changes), altered inhibitory systems (disinhibition), and neuromodulatory events (with a main role for inflammatory reactions) (Figs. 5 and 6). However, a few side remarks need to be made. First, the success of mechanism-based treatment approaches heavily depends on the identification of windows-of-opportunity in relation to the specific neuropathic indication. Although many pathological processes are similar between various neuropathic conditions such as peripheral and central neuropathies, essential differences in the timing as well as in the molecular character of these processes exist. As an example, pain-related neuroinflammatory events occur both after peripheral nerve injury and spinal cord injury, but the specific molecules (e.g. chemokine type) identified as contributing to pain hypersensitivity are very different between these two pathologies. Hence, immunomodulation can be anticipated to be a promising approach in treatment of both peripheral and central neuropathic pain, but the exact immune-related molecule(s) targeted will most likely differ between these two neuropathic indications. Second, drugs that may be of particular use to effective treatment of neuropathic pain are those acting simultaneously on several of the mechanisms implicated in neuropathy-induced pain hypersensitivity. Local anesthetics are a typical example of such drugs as they do not only block voltage-gated ion channels, but (possibly as a consequence of channel blocking) also interfere with neuroinflammatory responses following nerve injury, and may even act preventive to leakage of the BSCB after nerve injury. The efficacy of local anesthetics in treatment of neuropathic pain is being tested in multiple clinical trials. Time will tell whether other, currently still mainly experimental, therapeutic targets will make it to clinical trials as well.

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